

Culture of Care – and status on Norwegian 3Rs initiatives

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Government

Animal

welfare

Industry

Norecopa is a National Consensus Platform for the 3Rs: **Replacement**, **Reduction** and **Refinement** of animal experiments

A member of **ecopa**:

European Consensus-Platform for Alternatives which recognises National Consensus Platforms with 4 stakeholders equally represented:

ecopa.eu

есора 🕑

increases the chances of a culture of care





Scand-LAS

norecopa.no/global3r







approx 60 members, one per organisation, in 14 countries meetings sponsored by Norecopa at FELASA, in Prague (2019) & Athens (2025)



Norecopa: PREPARE for better Science

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Culture of Care

The International Culture of Care Network norecopa.no/coc

A demonstrable commitment, throughout the establishment, to improving:

- animal welfare
- scientific quality
- care of staff
- transparency for all stake holders, including the public

It goes beyond simply complying with the law!



Communication and the Culture of Care

Penny Hawkins, RSPCA Research Animals Department on behalf of the International Culture of Care Network*

Effective two-way communication between scientists and animal technologists is essential for a good Culture of Care The European Commission suggests the 'development of formal and informal communication channels. for mutual benefit with respect to science and animal welfar

Here are some examples from International Culture of Care network members





The CoC Network's Quick Start Guide

Advice on

- Key steps
 - managerial commitment
 - encouraging dialogue
 - rewarding individuals
- Writing a vision statement
- Establishing indicators of a culture of care
- Using a checklist to assess the current situation
- Looking for evidence of a lack of care

https://norecopa.no/coc/quick-start-guide

> Recital 31 of the EU Directive 2010/EU states:

Animal-welfare considerations should be given the highest priority in the context of animal keeping, breeding and use. Breeders, suppliers and users should therefore have an **animal-welfare body** in place with the primary task of focusing on giving advice on animal-welfare issues. The body should also follow the development and outcome of projects at establishment level, **foster a climate of care** and provide tools for the practical application and timely implementation of recent technical and scientific developments in relation to the principles of replacement, reduction and refinement, in order to enhance the life-time experience of the animals. The advice given by the animal-welfare body should be properly documented and open to scrutiny during inspections.



In A working document on Animal Welfare Bodies and National Committees to fulfil the requirements under the Directive , there is a section entitled Fostering a Culture of Care on 'establishing and maintaining an appropriate climate of care, often called in practice, and subsequently referred to in this document as, a "culture of care", among the animal user community.' It is listed as one of the benefits of an effective Animal Welfare Body. The section states:

'Ensuring an appropriate culture of care is in everyone's interests, as it will promote improved animal welfare and therefore enhanced scientific outcomes, and give all those involved in the establishment confidence that delivering high quality animal care and use practices is an important priority.

4. What is the International Culture of Care Network?

The primary role of the network is to share and publish examples of activities fostering a Culture of Care which make a difference in terms of improved animal welfare and human wellbeing. Network members include representatives of many professions:

- > In vivo technicians
- > Lab animal veterinarians
- > Members of animal welfare bodies
- > Representatives of competent authorities
- > Communications experts
- > Members of animal welfare organisations



The International Culture of Care Network

norecopa.no/coc

The International Culture of Care Network

Thomas Bertelsen, Novo Nordisk A/S, Denmark; Adrian Smith, Norecopa, Norway and members of the The International Culture of Care Network



3 R Swiss 3R C C C Centre

:: WHAT WE DO :: ABOUT US

Apply for funding

Q

https://swiss3rcc.org/culture-of-care

Culture of Care Working Group

About Culture of Care

Culture of care is an important principle that indicates a commitment to improve animal welfare, scientific quality, care of the staff and transparency for the stakeholders.

The Swiss 3RCC's Culture of Care working group aims to promote and facilitate the **culture of care** at institutions in Switzerland. We also host the larger Swiss Culture of Care Group in their regular meetings.

An international culture of care network was established to share examples of activities that improve animal welfare. The network aims to promote a mind-set and behaviour that continuously and proactively works to promote laboratory animal welfare and the 3Rs; to go beyond a culture of compliance, and to include a culture of challenge, i.e., go beyond the accepted. You can find more information on the **International Culture of Care Network** here.

The Swiss Culture of Care Charter

The Charter is meant to give practical suggestions on steps and actions to implement the CoC actively in the daily research activities. It is an engagement to bind to a philosophy, which in the present case is rooted in the 3Rs principle. Joining the CoC Charter is an official recognition that a given Institution will do its best to apply 3Rs principles beyond the legal requirements.

The degree with which the Institutions will apply the concepts of the Charter depends on how much resources are allocated to this endeavor and is voluntary.

If each of the key players – animal caretakers, veterinarians, facility managers, scientists, animal welfare officers, leaders implement one of these actions daily, research institutions would positively impact the welfare of the animals, their research but also the satisfaction of their employees and the trust of the public.



CULTURE OF

"CARING, ACCOUNTA EXCELLENCE" CHAR



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 We have agreed ethical values
 We are committed to open co
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RESPECT • We act and communicate in an • We treat animals and people w • We listen to team members, as • We show and promote respect • We treat errors as learning opp

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 We proactively seek ways to g
 We strive for excellence in sci
 We endorse planning and repo
 We help to promote a culture



INTRODUCTIC DEFINITIONS

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animals under human care as r The European animals. 2010 Purposes" I emphasizes the a culture of care to ensure I and improve scientific outco requirements of the legislation welfare, care and use.

CULTURE OF CARE

"CARING, ACCOUNTABILITY, RESPECT, EXCELLENCE" CHARTER

CARING

101

3 and

•We care about the health, physical and emotional wellbeing of animals and staff.
 •We handle animals with care.

- We actively seek to refine the way we house, handle and care for animals.
- We practice and promote safety at the workplace.
- We take care of the equipment and value the resources we work with.
 We acknowledge good work and commitment.

ACCOUNTABILITY

- . We are responsible for the welfare of our animals and our team.
- . We are accountable for our actions.
- . We have agreed ethical values and demonstrate integrity.
- We are committed to open communication within our organisation.
- . We contribute to an open dialogue about animal welfare and animal research.

RESPECT

. We act and communicate in a respectful, clear and transparent manner.

- We treat animals and people within and beyond our institution with respect.
- . We listen to team members, ask team members how they are and show our appreciation.
- . We show and promote respect for the dignity of the animals we work with.
- . We treat errors as learning opportunities at their first occurrence.

EXCELLENCE

. We provide high-quality care to the animals and implement animal welfare concepts.

- We strive to promote the application of 3Rs.
- We proactively seek ways to go beyond regulatory requirements.
- We strive for excellence in science.
- . We endorse planning and reporting guidelines (PREPARE & ARRIVE 2.0).
- . We help to promote a culture of learning.



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veterinarians, facility managers, scientent one of these actions daily, research te of the animals, their research but also ust of the public.

https://swiss3rcc.org/media/pages/culture-of-care/ea0679dac5-1670858067/coc_charter_flyer_a5.pdf

Culture of Care Award



The Culture of Care (CoC) Award recognizes an individual or a group of people for their accomplishment to promote and implement a good Culture of Care within a research institution that uses animals for research.

Background

The Culture of Care Network of the Swiss 3RCC will grant this prize for the third time in 2024.

The award promotes the proactive implementation of a good Culture of Care within Swiss institutions that are conducting or supporting exemplary animal research.

As any other *culture* that defines an organization's beliefs and behavior, the Culture of Care in laboratory animal science gathers all the values, ideas and actions that allows an institution to go beyond the legal requirements and obligations, and thrive into a positive research environment, for their staff, the animals, and society.

Implementing CoC within the organization aims to provide all stakeholders a sense of pride that they are doing their job the right way and doing the right things.

Nominees for this award can be any individual or collaborative initiatives that proactively and successfully drive forward the implementation of a good Culture of Care within animal research institutions.

Eligibility

Any person at a Swiss research institute or Swiss organization, eg. researchers, animal caretakers, communication or management staff can apply or be nominated by their peers.

Criteria

The successful project/action should have a positive impact on humans & animals in the context of driving forward a good Culture of Care that goes beyond legal requirements, such as:

- a) animal welfare (progressively working on implementation of a good CoC, beyond the 3Rs)
- b) scientific quality (e.g. enhance reproducibility)
- c) transparency and communication (improving internal communication between stakeholders, excluding public outreach projects)

d) care of staff (improved management, empowering e.g. animal care staff, promoting respectful working environment, preventing compassion fatigue, creating a safe environment to talk about doubts or concerns and to make suggestions for improvements)

e) Innovation (thinking out of the box), e.g. developing new or improved techniques or training programs.

Award Details

Online application: funding.swiss3rcc.org

Challenge cup and a 3.000 CHF honorarium

Deadline: October 31st, 2024

https://swiss3rcc.org/award-call-culture-of-care



Culture of Care Award

The Culture of Care (CoC) Award recognizes an individual or a group of people for their accomplishment to promote and implement a good Culture of Care within a research institution that uses animals for research.

The award for contribution to the CoC in 2022 was presented live at the SGV meeting to Dr. Julie Parchet-Piccand from EPFL for her project on improving the knowledge of experimental licenses and research projects for animal caretakers.

For all relevant information on eligibility and how to apply click here.

Animal Technician Week

This annual celebration recognises animal technicians for their essential contribution as members of the research team. They are responsible for providing compassionate attention to the animals in their care. More information: Animal Technician Week

Current Members

Paulin Jirkof - University of Zurich Anne Planche - Swiss Animal Facility Network Andrina Zbinden - University of Fribourg Birgit Ledermann - Swiss Laboratory Animal Science Association Armand Mensen - Swiss 3RCC

If you are interested in becoming a member of the Culture of Care working group, please send an email to paulin.jirkof@swiss3rcc.org with your profile / cv and a short motivation text about your reasons for wanting to join the working group.

2025 International Laboratory Animal Technician Week

January 26 - February 1, 2025



This annual celebration recognizes laboratory animal technicians for their essential contributions as members of the research team.

https://www.aalas.org/certification/technicians/tech-week

Resources produced by the International Culture of Care Network:

- > Emotional labour: support for animal technologists @ (Penny Hawkins, 2024)
- > Culture of Care 🛃 (Penny Hawkins, 2024), a presentation covering:
- Reflections on the full meaning of Culture of Care
- How to actively develop and promote this
- Focus on caring for staff
- Identifying actions
- > The Concept of Culture of Care: Internal Program Communication 🗗 (Bertelsen, Sørensen, Paradell & Van Loo, 2024)
- > Improving Culture of Care through maximising learning from observations and events: Addressing what is at fault (r (Robinson et al., 2022)
- The Culture of Care a working concept. A one-page summary of the concept and essential factors, by Penny Hawkins and Maggy Jennings, endorsed by the Network.
- Communication and a Culture of Care: A two-page published by the Network in October 2018, based upon the results of a survey of communication between scientists and animal technologists and care staff. The document gives examples of such activities. It is designed to be inspirational rather than prescriptive.

Other publications by Network members:

- > Creating an effective, inclusive and open Animal Welfare and Ethical Review Body: learning and legacy 🗗 (Crudgington et al., 2024)
- > Achieving a good Culture of Care 🖉 (Barney Reed 🖉, RSPCA UK, 2024)
- > Culture of Care at Novo Nordisk 🕝 (a poster with examples of their work), 2023
- > The Capability Maturity Model as a Measure of Culture of Care in Laboratory Animal Science @ (Amarasekara et al., 2022)
- > Maintaining a Culture of Care during a research animal facility closure *c* (Robinson & Wilkinson, 2022)
- > Achieving a good Culture of Care *register (Barney Reed register, RSPCA UK, 2021)*
- > Contributing to Your Culture of Care c (practical advice for animal care staff) (Robinson & Kerton, 2021)
- > What does a Culture of Care look like? Lessons learnt from a workshop survey @ (Robinson & Kerton, 2021)
- A summary sheet for AWERBS (Animal Welfare and Ethical Review Bodies) a with advice on how to promote a culture of care, with a comprehensive reference list of resources a. Produced by the Animals in Science Department at the RSPCA.
- > Bertelsen & Øvlisen (2021): Assessment of the Culture of Care working with laboratory animals by using a comprehensive survey tool. C
- > Bertelsen T & Hawkins P (2020): A Culture of Care. In: Animal-Centric Care and Management r. Eds. DB Sørensen, S Cloutier & B Gaskill.
- > Hawkins P & Bertelsen T (2019): 3Rs-Related and Objective Indicators to Help Assess the Culture of Care c. Animals, November 2019.
- How effectively are Animal Welfare Bodies (AWBs) driving the Culture of Care, as set out in the EC working document on AWBs and national committees? A summary of the discussions of a Network meeting in Prague, June 2019
- Ethics, Animal Welfare and the 3Rs: An Effective Culture of Care. A presentation by Adrian Smith at the ESLAV Summer School, Stockholm, June 2018
- The Importance of a Culture of Care a poster by Alan White, chair of the Animal Welfare and Ethical Review Body, GlaxoSmithKline UK (2018)
- Measuring Culture of Care. A presentation by Thomas Bertelsen at the 10th World Congress on Alternatives and Animal Use in the Life Sciences
 , Seattle, August 2017
- > Boden T & Hawkins P (2016): Communicating the Culture of Care how to win friends and influence people a. Animal Technology and Welfare 15(3):151-156.

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norecopa.no/coc/resources

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Resources for AWERB members

RSPCA Research Animals Department April 2020



Promoting a Culture of Care

Aim of this resource

To help AWERB members ensure the concept of a Culture of Care is understood and supported within the establishment.

Relevant AWERB task

Help to promote a Culture of Care within the establishment and, as appropriate, in the wider community.



Recommendation

Use this resource to check the effectiveness of your AWERB's Culture of Care initiatives.

https://www.rspca.erg.uk/webContent/staticImages/Downloads/PromotingACultureOfCare.pdf

Culture of care

- Promoting a Culture of Care [2 (2020)
- <u>Communication and the Culture of Care poster</u> (2019) on behalf of <u>The International</u> <u>Culture of Care Network</u>
- <u>3Rs-related and objective indicators to help assess the Culture of Care</u> [∠] (2019)
- Assessing the Culture of Care: A survey of Culture of Care Network members [2] (2017)
- Communicating the Culture of Care how to win friends and influence people [2] (2016)
- Good Science, Good Sense and Good Sensibilities: The Three Ss of Carol Newton [♪ (2016)
- <u>Raising concerns about laboratory animal welfare: report of a workshop at IAT</u> <u>Congress</u> (2014)

https://science.rspca.org.uk/sciencegroup/researchanimals/reportsandresources

RSPCA.



Culture of care: Creating the right environment for animal care

Recordings from a webinar series exploring the topic of culture of care.

June 2023

https://nc3rs.org.uk/3rs-resources/culture-care-creating-right-environment-animal-care

Culture of care case studies (ENGLISH)

A series of case studies developed by a group of 3Rs centres (logos above) to accompany a <u>webinar series focusing on culture of care</u> (June 2023).

Case study 1: Caring for my dogs Case study 2: Too late to feed my pigs Case study 3: My first experiment Case study 4: My dream job Case study 5: Late night working

https://nc3rs.org.uk/3rs-resources/culture-care-creating-right-environment-animal-care





Case studies FRENCH.pdf PDF 209.25 KB



Case studies GERMAN.pdf PDF 213.6 KB



June 2023

https://nc3rs.org.uk/3rs-resources/culture-care-creating-right-environment-animal-care

norecopa.no / More resources / Culture of care / Quick Start Guide

Written by Adrian Smith - may be used freely.

Commitment to continually improve standards of animal welfare, ethics, health and safety

Undertake training regularly and keep informed of the latest 3R developments

Lip service banned: a positive and optimistic mind-set is needed

Transparency, including to the general public and all other stakeholders

Understand the need for individual responsibility to nurture the culture

Right to challenge and question the use of animals, the choice of husbandry methods and the procedures

Educate staff about alternatives at an early stage of employment

On the ball: a pro-active approach, rather than just reacting to problems when they arise Find the time needed

Concerns can be aired without consequences for the whistleblower

Award good initiatives and promote individual thinking

Researchers and staff interact well, ensuring research integrity and quality

Everyone, from leadership downwards, is willing to implement a Culture of Care

https://norecopa.no/more-resources/culture-of-care/quick-start-guide/mnemonic-for-culture-of-care

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Compassion Fatigue Resiliency

Caring for our People. Caring for our Animals.

Working with research animals can be challenging, leading to workplace stress, burnout, and compassion fatigue. But together we can support resiliency. We have a range of resources designed to promote resiliency for both individuals & institutions.

https://3rc.org/compassion-fatigue

What factors are linked to higher compassion fatigue?

- \mathcal{Q} Less social support
- \otimes Higher animal stress/pain
- Less enrichment frequency/diversity & stronger desire to provide more enrichment
- Physical euthanasia methods & less control over performing euthanasia
- G Working as a trainer or at universities
- Longer working hours & understaffing
- Lower emotional stability, openness, & extraversion
- 🖌 Close relationships with animals
- III Lack of resources/training for compassion fatigue
- Roor relationships with superiors
- Poor mental or physical health

https://3rc.org/compassion-fatigue



Culture of Care facilitates honest discussion along the path

"Replacement?"



"we've always done it that way!»

"there are no alternatives!»

»we only do it as often as necessary"

Closely related to a culture of care is

a Culture of Challenge (Louhimies, 2015).

Look for the acceptable, rather than choosing the accepted.



More than 3Rs

The 3 Rs to minimise the harm:

- *Replace the unnecessary experiments*
- Reduce the number of animals used
- Refine the conditions for the animals

The 3 Vs to increase the validity of the experiment:

- Construct Validity (can the model answer the question?
- Internal Validity (has the experiment been correctly designed?)
- External Validity (are the results translatable to the target group?)

The 3 Ss - use your commonsense and your heart

- Good Science
- Good Sense
- Good Sensibilities

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Retro-orbital puncture

'critical anthropomorphism' (Smith & Hawkins, 2016)



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https://www.mdpi.com/2076-2615/6/11/70

The Three Ss in practice

At the doctor's surgery:

- I think I'll take a blood sample from you today, just to rule out the possibility that you have an infection.
- By the way, I take my blood samples by sticking a knife into your neck without anaesthesia –
- but don't worry, I'll inject 2 litres of fluid into your stomach first, so you don't die from loss of blood.



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"the most comprehensive, up-to-date, website for global 3R resources"



Design and reporting of animal experiments

norecopa.no

This page supplements advice given in <u>Section 4 of the PREPARE guidelines</u>. PREPARE covers all aspects of design (including animal and facility related issues).



norecopa.no/meetings/meetings-calendar



April 2025

- > Ex vivo, de novo & in silico models in biomedical research 🕝 , Stuttgart, 1-2 April 2025
- > EBVS Congress 🛃, Belgrade, 2-4 April 2025
- > The Transparent Transition The future of animal and animal-free research 🛃, Amsterdam, 3 April 2025
- From crisis to opportunity systematic heterogenization as a tool to improve reproducibility and reduce animal use reduce, webinar (Helene Richter), 8 April 2025
- > 1st Finnish Culture of Care Symposium 🕝, Helsinki, 9 April 2025
- Antibodies and Beyond: The Power of Animal-Free, Recombinant Antibodies , webinar (Esther Wenzel), 9 April 2025
- > Meeting the Requirements of the US Animal Welfare Act 🛃, workshop, 9-10 April 2025
- > 17th Minipig Research Forum 🛃, Amsterdam, 9-11 April 2025
- + webpages for recorded meetings, including a page sorted by the PREPARE topics

Lussier), 10 April 2025

- > Stress-reduced handling of rats and mice 🖉, webinar (Therése Ahlström), 11 April 2025
- > 41st LAMA/ATA Annual Conference 🛃, Fort Walton Beach, 14-17 April 2025
- > Environmental Monitoring & Database Management 🛃, webinar (Zoltan Varga & TBC), 18 April 2025
- > Course in Fish Diseases part 1 , Copenhagen, 21-25 April 2025
- > 3Rs Sharing Conference C, Seattle, 23 April 2025
- > 46th Annual BCLAS Symposium: Stress and emotions in animals 🛃, Namur, 23-24 April 2025
- Replication of null results: Absence of evidence or evidence of absence?
 April 2025
- > All you ever wanted to know about registered reports *registered*, webinar (Nonia Pariente), 30 April 2025

The Refinement Wiki

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Q

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Clicker training

Page Discussion

Clicker training is an operant conditioning based on positive reinforcement. When the animal offers the desired behavior, a *click* or another distinctive sound (secondary reinforcer) is delivered and within the following few seconds the reward is presented (primary reinforcer)^[1]. The *click* bridges the time between the desired behavior and the presentation of the reward^[1]. A target stick providing a visual guide for the animal can be used for the training.

Animals are usually trained individually, though it is also possible to perform clicker training in a groups, e.g. in mice, rats, and rabbits. For rats, it was demonstrated that they learned tasks by observing the clicker training of their cage mates^[2].

Clicker training can be used to train animals in a stress-free way. The following behaviours are examples for what this technique can be used for:

Mice: entering a tunnel, following a target stick, climbing on the palm of the hand s^[3]

Rats: following a target stick, voluntarily change to a cage, observational learning [2]

Rabbits: following a target stick, rearing/standing up to inspect the abdomen, approaching a human, being touched and lifted by a human, trimming nails, coming on command

Pigs: Pigs can be easily trained to cooperate if they are treated empathetically and desired behavior is reinforced by providing food stuff in form of treats and apple juice^[4].



AS191219 Talk Preferences Watchlist Contributions Log out

Clicker training with mice using a target 6stick. Left: The mouse is following the target stick and is climbing on the experimenter's hand. If the hand is lifted, the mouse will remain on the palm of the hand. Right: The mice are trained in a group. Two mice are following the target stick on the palm of the experimenter's hand.

- 1. † ^{1.0} ^{1.1} Feng, Lynna C.; Howell, Tiffani J.; Bennett, Pauleen C. (1 August 2016). "How clicker training works: Comparing Reinforcing, Marking, and Bridging Hypotheses" & Applied Animal Behaviour Science. 181: 34–40. doi:10.1016/j.applanim.2016.05.012 & ISSN 0168-1591 &
- t ^{2.0} 2.1 Leidinger, Charlotte Sophie; Kaiser, Nadine; Baumgart, Nadine; Baumgart, Jan (25 October 2018). "Using Clicker Training and Social Observation to Teach Rats to Voluntarily Change Cages" &. JoVE (Journal of Visualized Experiments) (140): e58511. doi:10.3791/58511 &. ISSN 1940-087X &. PMC 6235608 . PMID 30417890 &.
- 1 Leidinger, Charlotte; Herrmann, Felix; Thöne-Reineke, Christa; Baumgart, Nadine; Baumgart, Jan (6 March 2017). "Introducing Clicker Training as a Cognitive Enrichment for Laboratory Mice" & JoVE (Journal of Visualized Experiments) (121): e55415. doi:10.3791/55415& ISSN 1940-087X& PMC 5408971& PMID 28287586&
- 4. 1 "Positive Reinforcement Training in Large Experimental Animals" @ (PDF).

Experts for clicker training in mice and rats: TARC @, Mainz, Germany

This page was created and edited by KH191219 (talk).

This page was last edited on 27 May 2020, at 11:23.

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- Anaesthesia in neonates
- Analgesia
- Asepsis
- Blood sampling of hamsters
- Blood sampling of pigs
- Blood sampling of rainbow trout
- Breeding strategies for mice
- Clicker training
- Contingency plans
- Decapitation
- Dehydration
- Detecting early onset of clinical signs in the mouse model of Covid-19
- Detection of pain and distress in mice
- EMLA cream
- Embryo transfer
- Experimental Autoimmune Encephalomyeltis (EAE)
- Facial expression analysis
- Food crunchers
- Forced swim test
- General discusson on use of analgesics
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- Health monitoring
- High-fat diets
- Hot Bead Sterilisers
- Housing nude mice
- Housing research fish
- Humane endpoints
- Hydrodynamic gene delivery
- Intra-ocular injections
- Intranasal administration
- Intraperitoneal injection
- Intraperitoneal pentobarbitone
- Irradiation for haematology studies
- Ketamine and alpha-2 agonist combinations
- Long-term anaesthesia in rodents
- Lumpfish
- MDA (micropipette-guided drug administration) Method
- Main Page
- Marble Burying Test
- Metabolic cages
- Microchipping rats and mice
- Minipumps
- Montanide adjuvant
- Mouse Grimace Scale



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- Nest building material
- Non-invasive genetic sampling in wildlife research
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- Pneumocystis murina
- Recapping needles
- Refinement of oral gavage
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- Screening cell lines
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Guidelines for planning studies that look as if they may involve animal use



PREPARE:

Planning Research and Experimental Procedures on Animals: Recommendations for Excellence




PREPARE:

Planning Research and Experimental Procedures on Animals: Recommendations for Excellence

PREPARE covers 15 topics:

Formulation of the study

- 1. Literature searches
- 2. Legal issues
- 3. Ethical issues, harm-benefit assessment and humane endpoints
- 4. Experimental design and statistical analysis

Dialogue between scientists and the animal facility

- 5. Objectives and timescale, funding and division of labour
- 6. Facility evaluation
- 7. Education and training
- 8. Health risks, waste disposal and decontamination

Methods

- 9. Test substances and procedures
- 10. Experimental animals
- 11. Quarantine and health monitoring
- 12. Housing and husbandry
- 13. Experimental procedures
- 14. Humane killing, release, reuse or rehoming
- 15. Necropsy

Replacement should be considered here



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ivd-utrecht.nl/en/news/better-animal-research-through-open-science-1





reddit.com

We cannot improve our research by better reporting alone...

norecopa.no/PREPARE/film 3-minute whiteboard film



ARRIVE study plan

Study details

Experimental animals 🔗

Experimental procedures *O* What is done and how is it done, when and how often.

Animal care and monitoring &

Risks

Personnel involved in the experiment

<u>Study design \mathcal{O} and sample size \mathcal{O} </u>

Inclusion and exclusion criteria 🔗

<u>Randomisation \mathscr{O} and <u>blinding/masking \mathscr{O} </u></u>

<u>Outcome measures \mathscr{O} and statistical methods \mathscr{O} </u>

https://arriveguidelines.org/news/arrive-study-plan



Before embarking on research involving the use of animals it is also critical to form a clear hypothesis, identify possible non-animal alternatives to all or part of the proposed study and assess the relevance of the chosen model to answer the experimental question. We therefore encourage researchers to consult the **PREPARE guidelines** before considering the use of animals in research. PREPARE provides researchers with an extensive overview to formulating an experiment and the requirements of using animals before carrying out the research.

https://arriveguidelines.org/news/arrive-study-plan



Percentage of UK Non-Technical Summaries citing ARRIVE & PREPARE



Norecopa: PREPARE for better Science

norecopa.no/PREPARE/prepare-checklist

PREPARE

Sciences, 5020 Bergen, Norway,

1. Designet av studiet

The **PREPARE** Guidelines Checklist

2. Dialogen mellom forskerne og dyreavdelingen 3. Kvalitetskontroll av de ulike komponentene i studiet

Adrian J. Smith*, R. Eddle Clutton*, Elliot Lilley*, Kristine E. Aa. Hansen* & Trond Brattelid*

Norecopas nettsider, med lenker til globale ressurser, på https://norecopa.no/PREPARE.

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Tema	Anbefaling
	(B) Dialogen mellom forskerne og dyreavdelingen
5. Mål og tidshorlsont, finanslering og arbeidsfordeling	Arrangere møter med alle relevante personell når tidlige planer for prosjektet foreligger. Lag en omtrentlig tidsramme for prosjektet, som viser behovene for assistanse med forberedelse dyrestell, prosedyrer og avfallshåndtering/dekontaminasjon. Diskutere og legge frem alle forventede og potensielle kostnader. Lage en detaljert plan for fordelingen av både arbeidsoppgavene og utgiftene, på alle stadiene i forsøke
6. Evaluering av dyreavdelingen	Foreta en fysisk inspeksjon av fasilitetene, for å evaluere bygningsmassen, standarden på ufstyret o spesielle behov. Diskutere bemanningsbehovet ved perioder med ekstra risiko.
7. Utdanning og trening	Vurdere den nåværende kompetansen hos personalet og evaluere behovet for videreutdanning og trening før forsøket.
8. Heisefarer, avfallshåndtering og dekontaminasjon	I samarbeid med dyreavdelingen, foreta en riskoevaluering som omfatter alle personene og dyren som er påvriket, direkte eller indirekte, av studiet. Evaluere, og om nødvendig produsere, spesifikke retningslinjer for alle stadiene av prosjektet. Diskutere metoder for å Ivareta, dekontaminere og avhende alt utstvret som skal brukes i studiet.

Fillable Word file that can be used to write a Study Plan

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Norecopa, clo Norwegian Veterinary Institute, P.O. Bax 750 Sentrum, 0106 Dato, Norway; 'Reyal (Dick) School of Veterinary Studies, Easter Bush, Midlothian, EH25 9RG, U.K.; 'Research Animala Department, Science Group, RSPCA, Wilberforce Way, Southwater, Horsham, West Sussex, RH13 9RS, U.K.;

Section of Eunerimental Biomedicine. Department of Production Animal Clinical Sciences, Faculty of Veterinary Medicine, Norwegian University of Life Sciences, P.O. Box 8146 Dep., 0033 Oslo, Norway; 'Division for Research Management and External Funding, Western Norway University of Applied

PREPARE' består av retningslinjer for planlegging av dyreforsøk. Disse komplementerer retningslinjer for rapportering av dyreforsøk, som f.eks. ARRIVE². PREPARE dekker de tre store områdene som bestemmer kvaliteten av arbeidet med å forberede dyreforsøk:

I praksis vil likke temaene altid behandles i den rekkefølgen som er presentert her, og enkelte temaer overlapper. PREPARE-sjekklisten kan endres for å Ivareta spesielle behov, f.eks. ved feltforsøk. PREPARE inkluderer råd om drift av dyreavdelinger, fordi laboratorieforsøk er helt avhengige av deres kvalitet. Den fulle versjonen av PREPARE er tilgjengelig på

Planning Research and Experimental Procedures on Animals: Recommendations for Excellence

	La Evaluere prosjektets reproduserbarnet og overtørbarnet.	
2. Juridiske spørsmål	Vurdere hvordan forsøket er påvirket av relevant lovglvning for dyreforsøk og andre aktuelle områder som f.eks. dyretransport og helse, miljø og sikkerhet. Finne relevante velledningsdokumenter (f.eks. EUs retningslinjer for prosjektevaluering).	
 Ettske spørsmål, kostnad- nytteanalyse og humane endepunkter 	Skrive et sammendrag av prosjektet på legmannsspråk. I dialog med etiske komitéer, vurdere om uttalelser om denne typen forsøk er allerede biltt produsert. detessere "de 3 R-ene" (Replacement, Reduction, Refinement) og "de 3 S-ene" (Good Science, Good Sense, Good Sensibilities). Vurdere forhåndsregistering av forsøket og publisering av negative resultater. Vordere forhåndsregistering av forsøket og publisering av negative resultater. Skriver kustnad-nytteanalyse ("Harm-Benefit Assessment") og diskutere eventuelle lidelser som kan oppstå under forsøket. Iskuter karingsmålene dersom dyrene skal brukes I undervisnings- eller treningsøyerned. Klassifisere prosjektet etter belastningsgraden. Definere objektive, lett målbare og utvetydige humane endepunkter. Diskutere løhovet (hvis det er noe) for å bruke død som endepunktet for forsøket.	
4. Eksperimentelt design og statistisk analyse	Vurdere pilotforsøk og diskutere statistisk styrke og signifikansnivåer. Definere den eksperimentelle enheten og bestemme antallet forsøksdyr. Bestemme metodene for randomiserting, forhindre observasjonsskjevheter, og bestemme inklusjons- og eksklusjonsviterier.	

12. Oppstalling og stell	Ta hensyn til dyrenes spesifikke Instinkter og behov, i samråd med eksperter. Diskutere akklimatisering, optimale oppstallingsforhold og prosedyrer, miljøfaktorer og eventuelle begrensninger på disse (r. eks. fasting eller oppstalling i enebur).	
13. Eksperimentelle prosedyrer	Utvikle optimale metoder for fangst, immobilisering, merking og frisetting eller omplassering. Utvikle optimale metoder for å gi dyrene behandling, samt for prøvetaking, sedasjon og anestesi, kirurgi og andre inngrep.	
14. Human avliving, frisettelse eller omplassering	Konsultere relevant lovg/ming og retningslihjer i god tid før studiet. Definere de primære metodene for avliving, samt metoder som kan brukes i en nødssituasjon. Evaluere kompetansen til personene som må foreta disse handlingene.	
15. Obduksjon	Lage en systematisk plan for alle stadlene i obduksjonen, inkl. hvor den skal foregå, og identifikasjon av alle dyrene og prøvene som tas.	

Referanser

1. Smith AJ, Clutton RE, Lilley E, Hansen KEA & Brattelid T. PREPARE:Guidelines for Planning Animal Research and Testing. Laboratory Animals, 2017, DOI: 10.1177/0023677217724823.

Kilkenny C, Browne WJ, Cuthill IC et al. Improving Bioscience Research Reporting: The ARRIVE Guidelines for Reporting Animal Research. PloS Biology, 2010; DOI: 10.1371/journal.pbio.1000412.

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- 5. Have the experiments been carried out before, and is any repetition justifiable?
- 6. What approaches to reduce distress r have been considered?

For fish researchers

Construct a lay summary.

3-Ethical issues, harmbenefit assessment and humane endpoints

3a Construct a lay summary.

- 3b In dialogue with ethics committees, consider whether statements about this type of research have already been produced.
- 3c Address the 3Rs (Replacement, Reduction, Refinement) and the 3Ss (Good Science, Good Sense, Good Sensibilities).
- Have national or local research ethics committees already produced statements relevant to the research being planned? Consideration should also be paid to the broader context of the research. For example, research directed at increasing the productivity of farming at the expense of (or without improving) individual animal welfare, or wildlife research whose primary aim is population management.

Links to quality guidelines and scientific papers worldwide on e.g. blood sampling, injection volumes, housing and husbandry, analgesia, humane endpoints, experimental design

(**3**a)

General principles

nd will any advances in this ses only index the title and rejected?

	Assessment and justify any likely animal harm.	3. Have the Three S's (Good Science, Good Sense and Good Sensibilities ♂) been addressed? Sufficient time should be allocated to this point, since two of the three S's are highly subjective, but equally important. The	
	3f Discuss the learning objectives, if the animal use is for educational or training purposes.	use of commonsense and critical anthropomorphism are justifiably part of the work to assess the impact of research on animals, not least when a scientific evidence base does not exist.	
	3g Allocate a severity classification to the project.	4. Does the proposed study have a clear rationale and scientific relevance, and what will be the next step if the hypothesis is supported or rejected?	
	3h Define objective, easily measurable and unequivocal humane endpoints.	 5. Have the experiments been carried out before and is any repetition justifiable? 6. What approaches to reduce distress a have been considered? 7. Will the project undergo pre-registration and will preasive results be published, to avoid publication bias? 	
	3i Discuss the justification, if any, for death as an end-point.	Many more links to resources on ethics are available here a . Details do ut pre-registration of animal studies and reporting coentical incidents are to be found in the section	
	4-Experimental design ~ and statistical analysis	on Experimental Design and Statistical Analysis &. Harm-Benefit Assessment	



PREPARE encourages scientists to collaborate with animal carers and technicians from Day 1

- they have a right to know and will be more motivated
- they know the possibilities (and limitations) in the animal facility
- they often possess a large range of practical skills and are good at lateral thinking
- they know the animals best
- the animals know them best
- lack of involvement creates anxiety, depression and opposition to animal research, as well as limiting creativity which might improve the experiments



"We ARRIVED, because we were PREPARED"

✓ Better Science
 ✓ Improved animal welfare
 ✓ Advancement of the 3Rs
 ✓ Safer working environment







SCID-Hu mice immunized with a pneumococcal vaccine produce specific human antibodies and show increased resistance to infection.

Aaberge I.S. et al., Infection & Immunity, 1992, <u>60</u> (10): 4146-4153

https://journals.asm.org/doi/epdf/10.1128/iai.60.10.4146-4153.1992





https://norecopa.no/statistics



Summer School on Systematic Reviews and Llterature Searching, August 2024

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21 presentations in 11 countries in 2024 Albania, Argentina, Austria, Denmark, Finland, Germany, Norway, Sweden, Switzerland, United Kingdom & USA

AJ Smith & J Richmond: The Three Rs



eqopanon

The UFAW Handbook on the Care and Management of Laboratory and Other Research Animals, 9th Edition

Norecopa's 3R Prize – NOK 30,000 + diploma



57 unique nominations since the prize was established in 2010 ...but only 1 nomination in 2025



Terje Aasland (Ap), 2013 Norecopa: PREPARE for better Science Jan-Henrik Fredriksen (FrP), 2014 Morten Ørsal Johansen (FrP), 2016 & 2019



Awarded NOK 390,000 so far



2023

2024

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Norecopas pris til fremme av de 3 R-ene (Replacement, Reduction, Refinement) for 2024 på kr 30 000,-

tildeles

Aurora Brønstad Universitetet i Bergen

for sitt fremragende arbeid i mange år for å videreutvikle forsøksdyrfaget, øke dyrevelferden og fremme forståelsen for 3R

på vegne av Norecopa

NORECOPA.NO Norecopa tilstreber konsensus mellom de 4 interessepartene rundt dyreforsøk:





3R activities that have not been nominated...



SINTEF-forskerne Linda Sønstevold (t.h.) og Elizaveta Vereshchagina har nylig tatt i bruk et helt spesielt plastmateriale i såkalte mikrofluidbrikker med gode resultater. Teknologien kan blant annet gjøre dyreforsøk unødvendig. Foto: William Husby Hoven

https://www.sintef.no/siste-nytt/2023/vi-utvikler-teknologier-som-kan-redusere-dyreforsok-i-medisinsk-forskning



Dialogue with the Standing Committee for Business & Industry (Næringskomitéen)



2000-2001	Stoltenberg I
2001-2005	Bondevik II
2005-2013	Stoltenberg II
2013-2021	Solberg
2021-	Støre

enberg I <u>A</u> levik II H, KrF, <u>V</u> enberg II A, <u>Sp</u>, SV erg H, <u>FrP</u>, V, <u>KrF</u> e <u>A</u>, <u>Sp</u>



Sitat fra statsministeren den 4. februar 2025

'Og sammen har vi gjennomført det aller meste av Hurdalsplattformen...'

Under Dyrevelferd står det:

'Støtte opp under prosjekt for å utvikle alternativ til dyreforsøk'



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Thank you for listening!