Norecopa:

PREPARE, Refinement Wiki and training tools

norecopa.no/NCP

Adrian Smith adrian.smith@norecopa.no



Norecopa

Norway's National Consensus Platform for the

Three Rs: Replacement, Reduction and Refinement

and a source of global 3R resources



https://norecopa.no



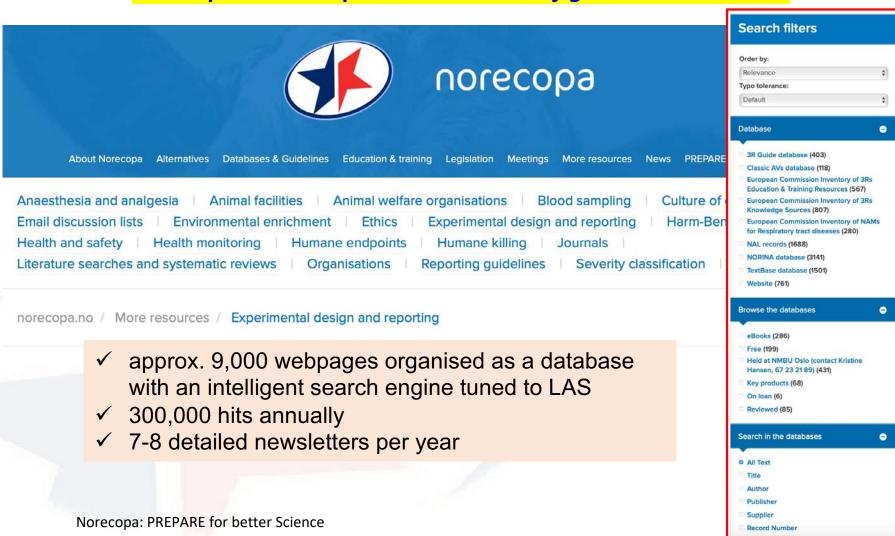
My background

- Veterinarian working with animal research since 1981
- Experience in working for the regulatory authorities in Norway
- Organised over 50 courses in Laboratory Animal Science for all personnel categories
- Managed an AAALAC-accredited animal facility
- Organised international consensus meetings on field, fish and farm animal research
- Secretary of Norecopa and Board Member of the Danish 3R Centre

What can Norecopa offer NCPs?

- A large website/database constructed by specialists for all stakeholders, since 1991
- Aims to be a one-stop-shop for global 3R resources

norecopa.no: an updated overview of global 3R resources





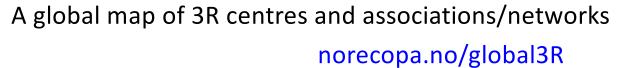
norecopa.no / Meetings / Meetings Calendar

norecopa.no/meetings/meetings-calendar

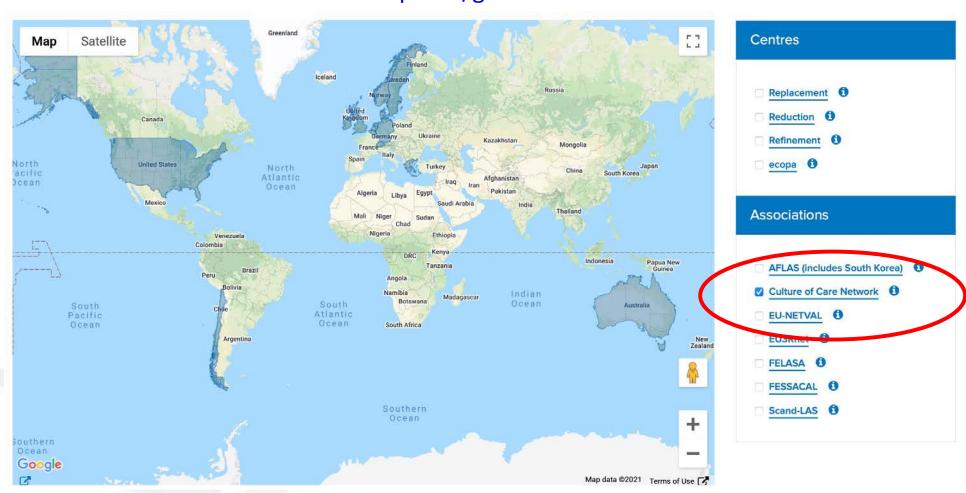
Webinar and Meetings calendar

May 2021

- > SETAC Europe 31st Annual Meeting , online, 3-6 May 2021
- > Laboratory Animal Science course , Porto, 3-14 May 2021
- Xick-off meeting, 3R Centre Network in Baden-Würrtemberg (online meeting in German), 4 May 2021
- > Avoid Allergies and Infections when Working with Laboratory Animals , online course, 5 May 2021
- > Nordic 3R webinar series, 5-6 May 2021
- > Meeting the Requirements of the US Animal Welfare Act , webinar, 6 May 2021
- > Skin Sensitization 7, Hamburg, 6-7 May 2021
- > Swedish 3R Center Workshop: Replace strategy and networking activities &, 10 May 2021
- > Animal Research: Critical, Challenging & Creative Thinking Course 7, 10-13 May 2021
- > Dirty or clean mice What is better for research? @ Webinar (André Bleich), 11 May 2021
- > Poultry in biomedical research , 6th Meeting of LASA Large Animal Research Network (LARN), 11 May 2021
- > 3rd Pan-American Conference for Alternative Methods , Windsor, 12-14 May 2021







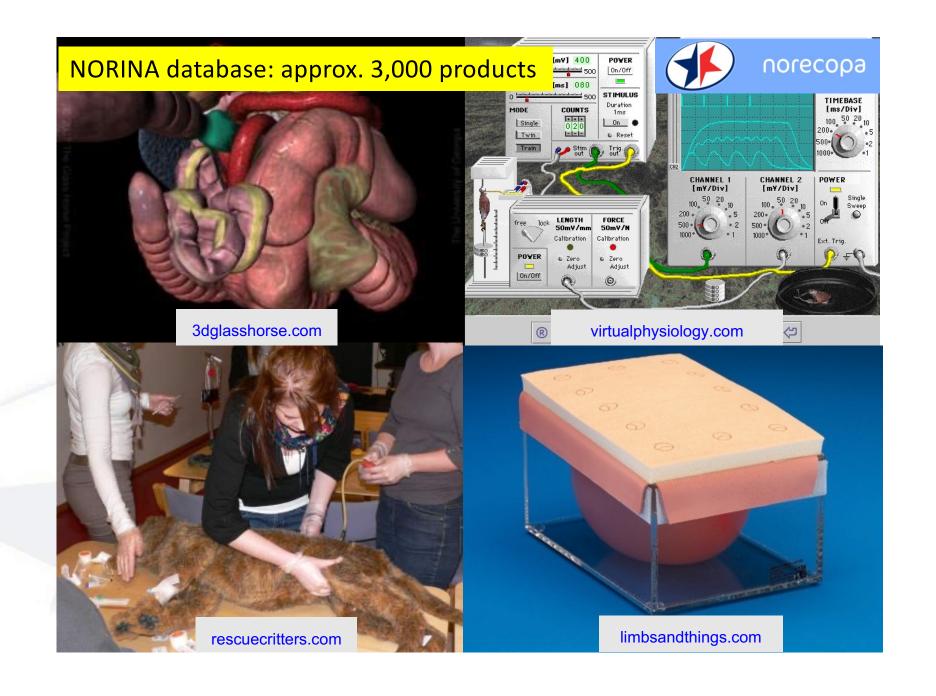




norecopa.no / Education & training

Education and training in laboratory animal science

Adequate education in the principles of modern Laboratory Animal Science, and speciesspecific training in the procedures to be used, are prerequisites for good animal welfare. Animals living in harmony with their surroundings will also deliver the most reliable scientific data in an experiment.







Organisation: European Commission, Joint Research Centre

Point of contact: marcelle.holloway@ec.europa.eu

Title: Three Rs Education and Training Courses and Resources



Description

The purpose of the collection of these data undertaken education and training courses and resources on the threfinement of animal use in science) offered at high schand resources where the Three Rs were both explicitly resources, now provided here and provides data upon

Embedded and searchable on Norecopa's website

522049 - LECTURES IN LABORATORY ANIMAL SCIENCE

European Commission Inventory of 3Rs Education & Training Resources/19c93

The course content complies with requirements in Finnish legislation on the use of animals for teaching and research and the directive of the European parliament and council, including e.g. biology and husbandry of laboratory animals; microbiology and disease; genetics: he may also and safe practices; design and conduct of animal and control process design and conduct of animal animal and control process design and conduct of animal animal

A snapshot of the situation in June-September 2018

Acclimation of Training Animals for Standard Handling, Restraint and Laboratory Techniques

European Commission Inventory of 3Rs Education & Training Resources/9ddbb

Advanced Cell Culture Lab based Training

European Commission Inventory of 3Rs Education & Training Resources/4d97c

An introduction to both theory and practice of advanced cell culture techniques through a combination of lectures, demonstrations and practical hands-on experience. The 1 day workshop combines hands-on training with seminar sessions to ensure participants have all the necessary skills and knowledge to commence work using 3D and flow conditions for either academic or commercial research.

Previous 1 2 3 4 5 6 7 8 9 10 ... Nex

iapshot overview of nt, reduction and ts include training courses 1 569 courses and within an E&T context.





Home About Education Resources News Contact etplas.eu

Browse Our Modules

EU modules for Education and Training in Laboratory Animal Science and Alternatives to Animal Use



3Rs Resources

Important and useful Links

ETPLAS is the one-stop-resource library, hosting videos, images, posters, e-modules links to other resources. If you are a lab animal science educator, you are welcome trepository by contacting us through our contact form.

You must be logged with the correct user type in to view this section

Log-in requires manual registration/approval by ETPLAS

Norecopa Website



- * No log-in, updated many times a week
- * Intelligent search engine

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3R-Guide: approx. 400 guidelines for animal research and testing



Expert working group on severity classification of scientific procedures performed on animals

FINAL REPORT

Brussels, July 2009

Conducted in support of the revision of Directive \$6/609/EEC on the protection of animals used for scientific purposes

Commission europeenne, 8-1049 Bruxelles / Europese Commissie, 8-1049 Brussel - Belgium, Telephone: (32-2) 299 11 1

Guidance on the severity classification of procedures involving fish

Report from a Working Group convened by Norecopa

norecopa.no/3R-guide

Working Party Report

Guidance on the severity classification of scientific procedures involving fish: report of a Working Group appointed by the Norwegian Consensus-Platform for the Replacement, Reduction and Refinement of animal experiments (Norecopa)

Other guidance from Norecopa:

Food deprivation in rodents
Toe clipping in mice
Pain relief in rodents
Fin clipping in fish

ing one injuritizately after data quality. Severey classification in these an important tool in help from the implamentation of refinences, tradling mentioning in progress, and to assets in reporting the application of the Dis-(replacement, enfantum and refinences) of heavest and large and the season of the properties of the Dislated and research and tuning in many consistent. Prediction of carestic are also fundamental in the horse-handit

the basis of the 'dagee of pass, suffering, distriss or laining harm expected to be experienced by an individual sensitive during the course of the procedure's, with the aim of the course of the procedure's with the aim of the course of the procedure's process and providing tools for processing compations procedure and providing tools for monitoring compations of the course of the course of the course of the procedures are classified as 'nea-recovery', 'midd,' 'midd,' or of or 'score,' on a new-love sub-lain, some brasagement

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ec.europa.eu/environment/chemicals/lab_animals/pdf/report_ewg.pdf



Overall planning:

PREPARE guidelines

Specific details:

EDA + statistician
Other guidelines e.g.
acclimatisation
health monitoring
pain control

Culture of Care



ReportingGuidelines e.g. ARRIVE, GSPC
Refinement Wiki









3R improvements should be highlighted in scientific papers

New blood sampling method



photo:NMBU

Published in:

SCID-Hu mice immunized with a pneumococcal vaccine produce specific human antibodies and show increased resistance to infection.



Encourage scientists to write separate Methods paper if necessary

Saphenous vein puncture for blood sampling of the mouse, rat, hamster, gerbil, guineapig, ferret and mink

Annelise Hem¹, Adrian J. Smith² & Per Solberg¹

¹Laboratory Animal Unit, National Institute of Public Health, PO Box 4404 Torshov, N-0403 Oslo and ²Laboratory Animal Unit, Norwegian School of Veterinary Science, PO Box 8146 Dep., N-0033 Oslo, Norway

© Laboratory Animals Ltd. Laboratory Animals (1998) 32, 364–368

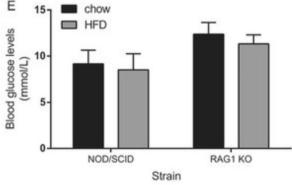
Summary

- Not necessarily a high-impact journal
- Use the title and abstract to highlight 3Rs, because these are often the only parts of a paper which get indexed by the bibliographic databases



The scientist





Norecopa: PREPARE for better Science

The mouse

Breeding
New social groups
Transportation
Acclimatisation to research facility
Allocation to experimental group
Adaptation to new diet
Handling and immobilisation

Blood samples

often also:

injections, gavaging, surgery pain and distress developing illness and death



PREPARE:

Benefited from experience with project evaluation, facility inspection and accreditation

Formulation of the study

- 1. Literature searches
- 2. Legal issues
- 3. Ethical issues, harm-benefit assessment and humane endpoints
- 4. Experimental design and statistical analysis

Dialogue between scientists and the animal facility

- 5. Objectives and timescale, funding and division of labour
- 6. Facility evaluation
- 7. Education and training
- 8. Health risks, waste disposal and decontamination

Methods

- 9. Test substances and procedures
- 10. Experimental animals
- 11 Quarantine and health monitoring
- 12 Housing and husbandry
- 13. Experimental procedures
- 14 Humane killing, release, reuse or rehoming
- 15 Necropsy

Items in pink are not typically highlighted in reporting guidelines

norecopa.no/PREPARE/prepare-checklist



lanning Res	ARE Guidelines Checklist earch and Experimental Procedures on Animals: Recommendations for Excellence R. Eddie Clattorf, Elliot Lilley, Kristine E. A.a. Hanserf & Trond Brattelid*	
hidothian, EH25 9 Section of Experin ciances, P.O. Box ciances, 5020 Bei		20
Formu Dialog Quality the topics will n	ts of planning guidelines which are complement that the three broad ansas which determine the qual lation of the study us between scientists and the animal facility control of the components in the study of always be addressed in the order in which they	
acilities, since in vebsite, with lin he PREPARE gu	adapted to meet special needs, such as field stud house experiments are dependent upon their qus ts b global resources, at https://norecopa.no/PREPARE. Idelines are a dynamic set which will vective as more species and situation-specific guidelines are produced, lice within Laboratory Animal Science progresses.	
Торіс	Recommendation	
	(A) Formulation of the study	

Assess the reproducibility and translat

Construct a lav summarv.

and exclusion criteria.

animal transport, occupational health and safety.

Locate relevant guidance documents (e.g. EU guidance on project evaluation).

Perform a harm-benefit assessment and justify any likely animal harm. Discuss the learning objectives, if the animal use is for educational or training purposes. Define objective, easily measurable and unequivocal humane endoornts Discuss the justification, if any, for death as an end-point.

Define the experimental unit and decide upon animal numbers

Choose methods of randomisation, prevent observer bias, and decide upon inclusion

☐ In dialogue with ethics committees, consider whether statements about this type of research have Address the 3Rs (replacement, reduction, refinement) and the 3Ss (good science, good sense,

2. Legal issues

3. Fthical issues.

humane endonints

harm-be nefit

design and statistical analysis

	doontaminatori	Assess, and if necessary produce, specific guidance for all stages of the project. Discuss means for containment, decontamination, and disposal of all items in the study.
		(C) Quality control of the components in the study
	9. Test substances and procedures	Provide as much information as possible about test substances. Consider the feasibility and validity of test procedures and the skills needed to perform them.
		en the characterialise of the animals that are essential for the study and for reporting eration of surplus animals.
Ja	age	ne animals' likely health status, any needs for transport, quarantine and isolation, nitoring and consequences for the personnel.
	husbandry	the animals' specific instincts and needs, in collaboration with expert staff. Discuss acclimatization, optimal housing conditions and procedures, environmental factors and any experimental limitations on these is a front deprivation, solitary housing).
	13. Experimental procedures	Develop refined procedures for capture, immobilisation, marking, and release or rehoming. Develop refined procedures for substance administration, sampling, sedation and anaesthesia, surgery and other techniques.
	14. Humane killing, release, reuse or rehoming	Consult relevant legislation and guidelines well in advance of the study. Define primary and emergency methods for humane killing. Assess the competence of those who may have to perform these tasks.
	15. Necropsy	☐ Construct a systematic plan for all stages of necropsy, including location, and identification of all animals and samples.
	References	

(B) Dialogue between scientists and the animal facility

Arrange meetings with all relevant staff when early plans for the project exist.

Construct a detailed plan for division of labour and expenses at all stages of the study.

animal care, procedures and waste disposal/decontamination.

Discuss and disclose all expected and potential costs.

Discuss staffing levels at times of extra risk.

Construct an approximate timescale for the project, indicating the need for assistance with preparation,

Conduct a physical inspection of the facilities, to evaluate building and equipment standards and needs.

Assess the current competence of staff members and the need for further education or training prior

Perform a risk assessment, in collaboration with the animal facility, for all persons and animals affected

- Smith AJ, Clutton RE, Lilley E, Hansen KEA & Brattellid T, PREPARE-Guidelines for Planning Animal Research and Testing. Laboratory Animals, 2017, DOI: 10.1177/0023677217724823.
- Klikenny C, Browne WJ, Cuthill IC et al. Improving Bioscience Research Reporting: The ARRIVE Guidelines for Reporting Animal Research. PloS Biology, 2010; DOI: 10.1371/journal.pbio.1000412.

https://norecopa.no/PREPARE | post@norecopa.no | @norecopa

Recommen dation

5. Objectives and

and division of

labour

6. Facility

evaluation

training

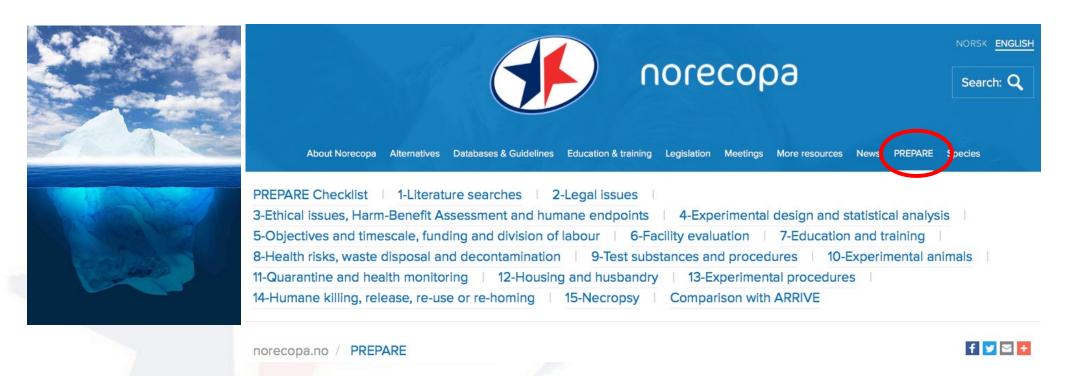
7. Education and

waste disposal and



In addition to the checklist, much more information is available on:

norecopa.no/PREPARE



norecopa.no/PREPARE



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About Norecopa Alternatives Databases & Guidelines Education & training Legislation Meetings More resources News PREPARE	Species
PREPARE Checklist 1-Literature searches 2-Legal issues 3-Ethical issues, Harm-Benefit Assessment and humane endpoints 4-Experimental design and statistical analysis	ic
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8-Health risks, waste disposal and decontamination 9-Test substances and procedures 10-Experimental an	imals
11-Quarantine and health monitoring 12-Housing and husbandry 13-Experimental procedures	
14-Humane killing, release, re-use or re-homing 15-Necropsy Comparison with ARRIVE	
norecopa.no / PREPARE	f y ⊠ +

Harm-Benefit Assessment

Harm-Benefit assessment, an evaluation of the likely sources and level of suffering of a planned procedure, followed by an assessment of the potential benefits of the research weighed against these harms, lies at the heart of legislation in the EU and elsewhere. A framework for severity assessment and severity classification must be established and justified. The likely adverse effects of each procedure should be described, along with their likely incidence and methods of recognising them, with indications of how these effects can be mitigated by implementing refinement. This necessitates the involvement of personnel with the relevant expectise to recognise, assess and reduce animal suffering, especially severe suffering. Guidance on this is available on the RSPCA website . Specific justification of all unaneviated animal suffering must be provided. An estimate must be made of the maximum amount of pain, distress or lasting harm to which an individual can be

Links to quality guidelines worldwide on e.g. blood sampling, injection volumes, housing and husbandry, analgesia, humane endpoints, experimental design





A Culture of Care

A demonstrable commitment, throughout the establishment, to improving:

- animal welfare
- scientific quality
- care of staff
- transparency for all stakeholders, including the public

It goes beyond simply complying with the law!

Communication and the Culture of Care

Penny Hawkins, RSPCA Research Animals Department on behalf of the International Culture of Care Network*

Effective two-way communication between scientists and animal technologists is essential for a good Culture of Care

The European Commission suggests the 'development of formal and informal communication channels, for mutual benefit with respect to science and animal welfare' Here are some examples from International Culture of Care network members

Regular meetings

Scheduled meetings for scientists, animal technologists, vets, unit managers and AWERB members



Regular refresher/update meetings for all organised by NTCO



Special events

Duo-talks: researcher talks about their science, and animal technologists talk about techniques and animal care within the project

ELH organises an informal meeting for all, in which anyone can raise welfare issues



Building communication into existing processes

Each study has a prestart and wash-up meeting involving everybody



Three Rs improvements reported to AWERB & shared at external user meetings



Other ideas

A **'boxless' event**: anyone can submit 'out of the box' ideas to improve practice



A staff survey for all
e.g. how much do you
agree with statements such
as 'in our group we listen to
each others' ideas about
animal welfare'







The International Culture of Care Network

A Quick Start Guide and more resources

norecopa.no/CoC

wiki.norecopa.no

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Refinement Wiki



e.g. Refinement of scruffing mice



norecopa.no/scruff

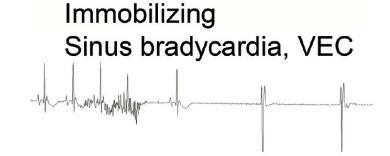




Three fingers better than two

0.8 E 0 -0.8

Baseline



Reprinted with permission. Labitt RN, Oxford EM, Davis AK, Butler SD, Daugherity EK. 2021. A Validated Smartphone-based Electrocardiogram Reveals Severe Bradyarrhythmias during Immobilizing Restraint in Mice of Both Sexes and Four Strains. J Am Assoc Lab Anim Sci 60:201–212. DOI: 10.30802/AALAS-JAALAS-20-000069



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Newsletter no. 2-2021 from Norecopa

Welcome to Norecopa's second newsletter in 2021. Please share this with your colleagues and

Norecopa maintains an international Webinars and Meetings Calendar 77, which is updated several times a week, with links to recorded webinars and events here . You will find shortcuts to several other key resources on our front page [...

We continue to update a list of resources related to the Covid-19 pandemic and about preparedness in general: Be PREPAREd . Let us know if you have additions.

You can tip a friend, subscribe or unsubscribe, and share the newsletter on social media using the links above. We are on Facebook [and Twitter .

All Norecopa's newsletters can be read here 🕜 and their content is indexed by the search engine on Norecopa's website 7.

This newsletter contains the following items (if some links do not work, check that your mail program has opened the whole of the newsletter):

- General update on Norecopa's activities
- 4 pillars for good research
- Interactive map of global 3R resources
- Support for refinement of scruffing rodents
- Nordic 3R webinars in May
- Centre for plastination and virtual reality
- Anaesthesia of fish and environmental enrichment
- The Refinement Wiki
- Update on PREPARE
- News from other 3R Centres
- Glimpses from research

- Webinars and Meetings Calendar
- Have your colleagues re-subscribed?

Screenshot

English-language newsletters

norecopa.no/news/newsletters

7-8 times a year

nearly 1,000 international subscribers



norecopa.no/NCP

English-language newsletters

