

Norecopa: A one-stop-shop for global 3R resources

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norecopa.no/WC12

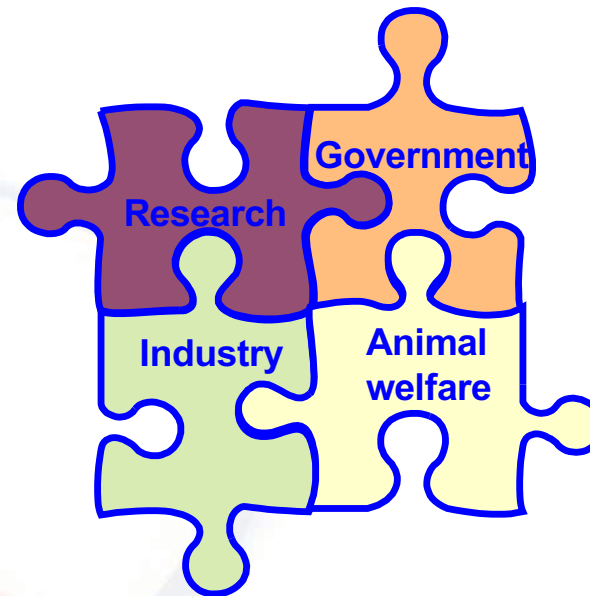
*A member of **ecopa**:*

European Consensus-Platform for Alternatives

which recognises **National Consensus Platforms** (NCPs) with **4 stakeholders** equally represented:



ecopa.eu



Norecopa: PREPARE for better Science

40-slide powerpoint presentation about the 3Rs



ccac.ca

All three Rs of Russell and Burch:

Replacement, Reduction & Refinement

English, French and Spanish versions

Free download from norecopa.no/3Rs

“Norecopa: A one-stop-shop for global 3R resources”

what is the basis for this claim?

what resources are there?



We ourselves have needed quality resources:



60-70 courses since 1985

Compendia & book chapters
on Lab Animal Science

AAALAC accreditation
of animal facilities

Discussions with scientists and
animal care staff

Supervision and performance
of animal studies

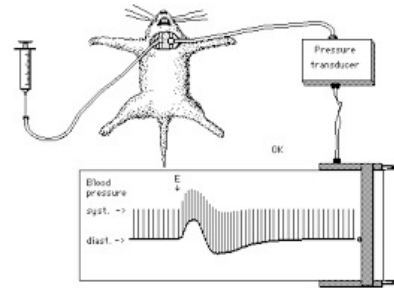


Norecopa: PREPARE for better Science

The work actually started nearly 40 years ago, before WC1 ...



wikipedia.org



Pharmatutor



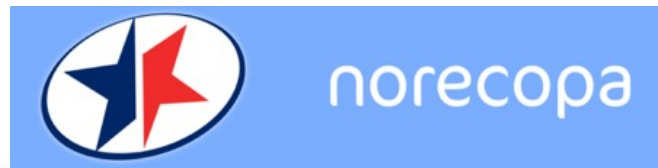
NORINA



Laboratory Animals Ltd

Norecopa: PREPARE for better research

Norway's National Consensus Platform for the
Three Rs: Replacement, Reduction and Refinement
and a source of *global* 3R resources



<https://norecopa.no>

Established in 2007

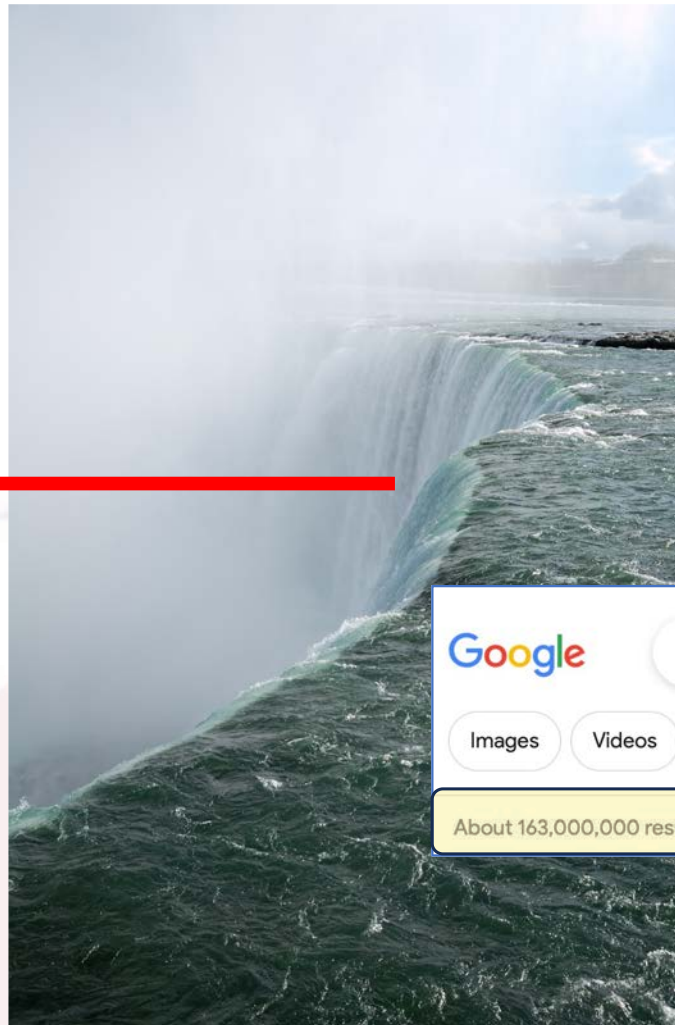
Norecopa: PREPARE for better Science

Current status and future developments of databases on alternative methods (1996)



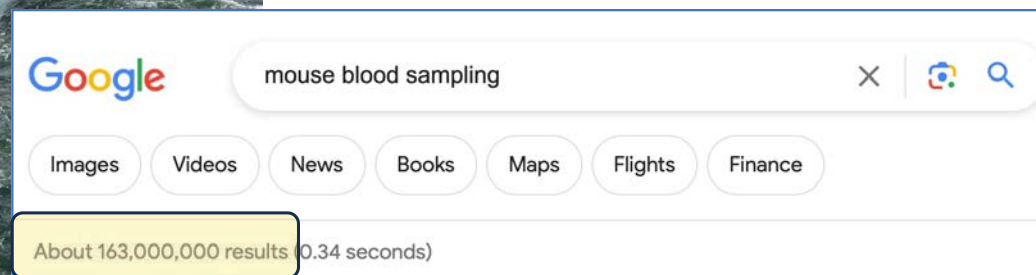
ECVAM workshop, Neubiberg, Munich

Norecopa: PREPARE for better research



norecopa.no ←

“over the top”



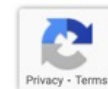
norecopa.no : an updated overview of global 3R resources

The screenshot shows the top section of the norecopa.no website. It features a blue header with the norecopa logo (a stylized star) and the text 'norecopa'. To the right, there are language options for 'NORSK' and 'ENGLISH', and a search bar with a magnifying glass icon. Below the header is a navigation menu with links for 'About Norecopa', 'Alternatives', 'Databases & Guidelines', 'Education & training', 'Legislation', 'Meetings', 'More resources', 'News', 'PREPARE', 'Species', and 'Wiki'. A secondary menu lists various topics such as 'Anaesthesia and analgesia', 'Animal facilities', 'Animal welfare organisations', 'Blood sampling', 'Culture of care', 'Email discussion lists', 'Environmental enrichment', 'Ethics', 'Experimental design and reporting', 'Harm-Benefit Assessment', 'Health and safety', 'Health monitoring', 'Humane', 'Literature searches and systematic reviews', 'Organisations', and 'Suppliers'. A breadcrumb trail at the bottom of the screenshot reads 'norecopa.no / More resources / Experimental design and reporting'. An orange callout box is overlaid on the page, containing the following text:

approx. 10,000 webpages
approx. 1,000 hits per day
7-8 detailed newsletters per year

Design and reporting of animal experiments

This page supplements advice given in [Section 4 of the PREPARE guidelines](#). PREPARE covers all aspects of design (including animal and facility related issues).



Norecopa: PREPARE for better Science

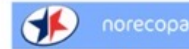
A non-stop one-stop-shop!

Just a reminder that the [redacted] website will be undergoing maintenance this weekend and will be **unavailable** from **8am on Saturday, August 26th until 8am on Monday, August 28th** (all times GMT).

We will be using this time to upgrade the platform and to ensure as **little disruption as possible** we are completing this work during our quietest period. We appreciate your patience and understanding. As always, if you have questions, please don't hesitate to reply to this message.



PREPARE



The PREPARE Guidelines Checklist Planning Research and Experimental Procedures on Animals: Recommendations for Excellence

Adrian J. Smith¹, R. Eddie Clutton², Elliot Lilley³, Kristine E. Aa. Hansen⁴ & Trend Brattli⁵
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PREPARE consists of planning guidelines which are complementary to reporting guidelines such as ARRIVE¹. PREPARE covers the three broad areas which determine the quality of the preparation for animal studies:

1. Formulation of the study
2. Dialogue between scientists and the animal facility
3. Quality control of the components in the study

The topics will not always be addressed in the order in which they are presented here, and some topics overlap. The PREPARE checklist can be adapted to meet special needs, such as field studies. PREPARE includes guidance on the management of animal facilities, since in-house experiments are dependent upon their quality. The full version of the guidelines is available on the Norecopa website, with links to global resources, at <https://norecopa.no/PREPARE>. The PREPARE guidelines are a dynamic set which will evolve as more species- and situation-specific guidelines are produced, and as best practice within Laboratory Animal Science progresses.

Topic	Recommendation
(A) Formulation of the study	
1. Literature searches	<input type="checkbox"/> Form a clear hypothesis, with primary and secondary objectives. <input type="checkbox"/> Consider the use of systematic reviews. <input type="checkbox"/> Decide upon databases and information. <input type="checkbox"/> Assess the relevance of the species to be used, with the least suffering, and its suitability for the study. <input type="checkbox"/> Assess the reproducibility and translatability of the study.
2. Legal issues	<input type="checkbox"/> Consider how the research is affected by relevant legislation for animal research and other areas, e.g. animal transport, occupational health and safety. <input type="checkbox"/> Locate relevant guidance documents (e.g. EU guidance on project evaluation).
3. Ethical issues, harm-benefit assessment and humane endpoints	<input type="checkbox"/> Construct a lay summary. <input type="checkbox"/> In dialogue with ethics committees, consider whether statements about this type of research have already been produced. <input type="checkbox"/> Address the 3Rs (replacement, reduction, refinement) and the 3Ss (good science, good sense, good sensibilities). <input type="checkbox"/> Consider pre-registration and the publication of negative results. <input type="checkbox"/> Perform a harm-benefit assessment and justify any likely animal harm. <input type="checkbox"/> Discuss the learning objectives, if the animal use is for educational or training purposes. <input type="checkbox"/> Allocate a severity classification to the project. <input type="checkbox"/> Define objective, easily measurable and unequivocal humane endpoints. <input type="checkbox"/> Discuss the justification, if any, for death as an end-point.
4. Experimental design and statistical analysis	<input type="checkbox"/> Consider pilot studies, statistical power and significance levels. <input type="checkbox"/> Define the experimental unit and decide upon animal numbers. <input type="checkbox"/> Choose methods of randomisation, prevent observer bias, and decide upon inclusion and exclusion criteria.

+ 2 online versions

Topic	Recommendation
(B) Dialogue between scientists and the animal facility	
5. Objectives and timescale, funding and division of labour	<input type="checkbox"/> Arrange meetings with all relevant staff when early plans for the project exist. <input type="checkbox"/> Construct an approximate timescale for the project, indicating the need for assistance with preparation, animal care, procedures and waste disposal/decontamination. <input type="checkbox"/> Discuss and disclose all expected and potential costs. <input type="checkbox"/> Construct a detailed plan for division of labour and expenses at all stages of the study.
6. Facility evaluation	<input type="checkbox"/> Conduct a physical inspection of the facilities, to evaluate building and equipment standards and needs. <input type="checkbox"/> Discuss staffing levels at times of extra risk.
7. Education and training	<input type="checkbox"/> Assess the current competence of staff members and the need for further education or training prior to the study.
8. Health risks, waste disposal and decontamination	<input type="checkbox"/> Perform a risk assessment, in collaboration with the animal facility, for all persons and animals affected directly or indirectly by the study. <input type="checkbox"/> Assess, and if necessary produce, specific guidance for all stages of the project. <input type="checkbox"/> Discuss means for containment, decontamination, and disposal of all items in the study.
(C) Quality control of the components in the study	
	<input type="checkbox"/> Provide as much information as possible about test substances, test procedures and the skills needed to perform them. <input type="checkbox"/> Consider the feasibility and validity of test procedures and the skills needed to perform them. <input type="checkbox"/> Consider the characteristics of the animals that are essential for the study and for reporting, and the use of surplus animals.
11. Quarantine and health monitoring	<input type="checkbox"/> Discuss the animals' likely health status, any needs for transport, quarantine and isolation, health monitoring and consequences for the personnel.
12. Housing and husbandry	<input type="checkbox"/> Attend to the animals' specific instincts and needs, in collaboration with expert staff. <input type="checkbox"/> Discuss acclimatization, optimal housing conditions and procedures, environmental factors and any experimental limitations on these (e.g. food deprivation, solitary housing).
13. Experimental procedures	<input type="checkbox"/> Develop refined procedures for capture, immobilisation, marking, and release or rehoming. <input type="checkbox"/> Develop refined procedures for substance administration, sampling, sedation and anaesthesia, surgery and other techniques.
14. Humane killing, release, reuse or rehoming	<input type="checkbox"/> Consult relevant legislation and guidelines well in advance of the study. <input type="checkbox"/> Define primary and emergency methods for humane killing. <input type="checkbox"/> Assess the competence of those who may have to perform these tasks.
15. Necropsy	<input type="checkbox"/> Construct a systematic plan for all stages of necropsy, including location, and identification of all animals and samples.

References
 1. Smith AJ, Clutton RE, Lilley E, Hansen KEA & Brattli T. PREPARE: Guidelines for Planning Animal Research and Testing. *Laboratory Animals*, 2017, DOI: 10.1177/0023677217724923.
 2. Kilkenny C, Browne WJ, Cuthill IC et al. Improving Bioscience Research Reporting: The ARRIVE Guidelines for Reporting Animal Research. *PLoS Biology*, 2010, DOI: 10.1371/journal.pbio.1000412.

Further information
<https://norecopa.no/PREPARE> | post@norecopa.no | [@norecopa](https://twitter.com/norecopa)

norecopa.no/PREPARE

- 3-Ethical issues, harm-benefit assessment and humane endpoints ^
- 3a Construct a lay summary.
- 3b In dialogue with ethics committees, consider whether statements about this type of research have already been produced.
- 3c Address the 3Rs (Replacement, Reduction, Refinement) and the 3Ss (Good Science, Good Sense, Good Sensibilities).
- 3f Discuss the learning objectives, if the animal use is for educational or training purposes.
- 3g Allocate a severity classification to the project.
- 3h Define objective, easily measurable and unequivocal humane endpoints.
- 3i Discuss the justification, if any, for death as an end-point.
- 4-Experimental design and statistical analysis v

5. Have the experiments been carried out before, and is any repetition justifiable?
6. What [approaches to reduce distress](#) have been considered?

3a Construct a lay summary.

- General principles
- For fish researchers

1. Have national or local research ethics committees already produced statements relevant to the research being planned? Consideration should also be paid to the broader context of the research. For example, research directed at increasing the productivity of farming at the expense of (or without improving) individual animal welfare, or wildlife research whose primary aim is population management.

Links to quality resources from all over the world on e.g. experimental design, blood sampling, anaesthesia, humane endpoints

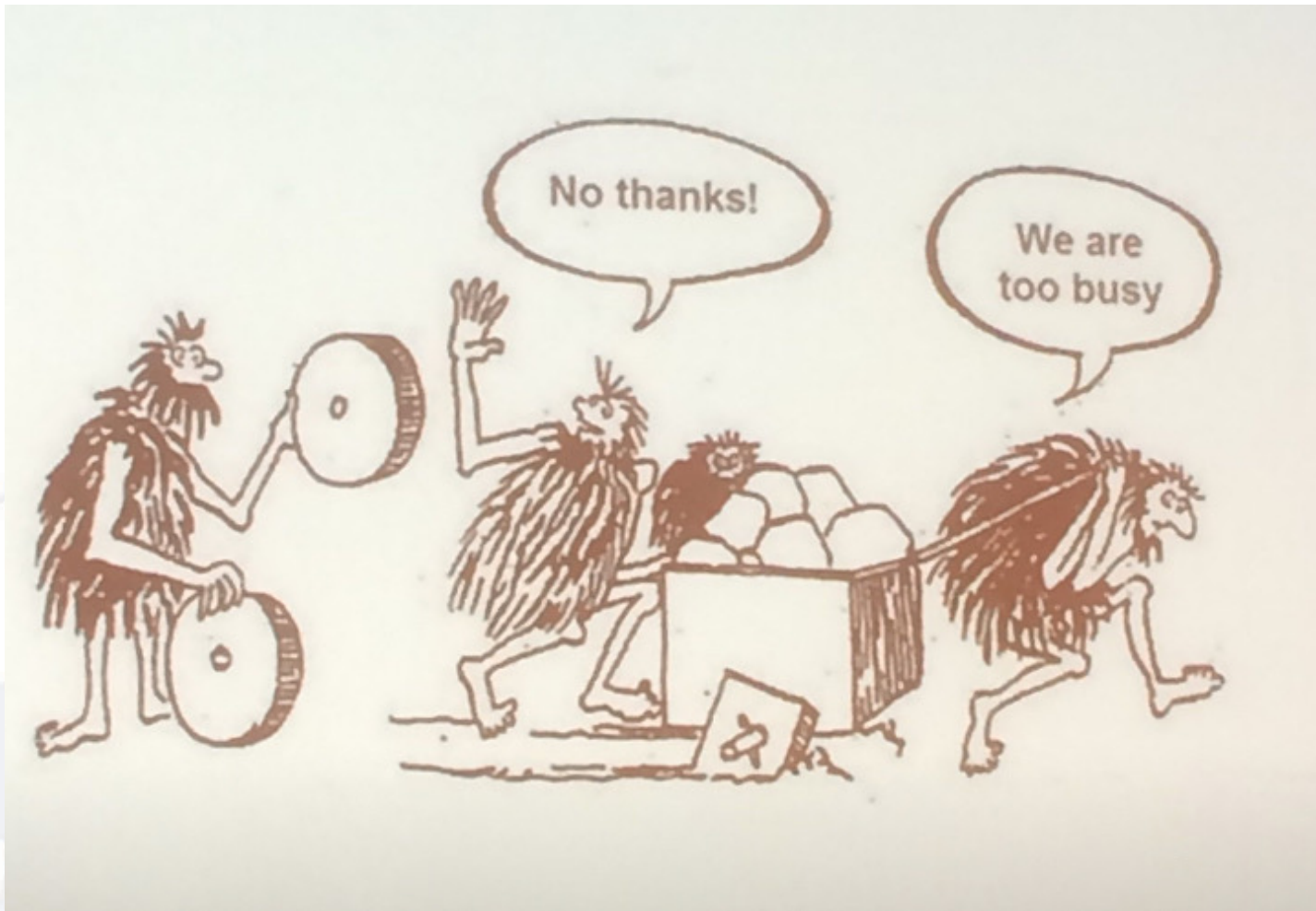
- addressed, and will any advances in this many databases only index the title and considered but rejected?
3. Have the Three S's ([Good Science, Good Sense and Good Sensibilities](#)) been addressed? Sufficient time should be allocated to this point, since two of the three S's are highly subjective, but equally important. The use of commonsense and critical anthropomorphism are justifiably part of the work to assess the impact of research on animals, not least when a scientific evidence base does not exist.
 4. Does the proposed study have a clear rationale and scientific relevance, and what will be the next step if the hypothesis is supported or rejected?
 5. Have the experiments been carried out before and is any repetition justifiable?
 6. What [approaches to reduce distress](#) have been considered?
 7. Will the project undergo [pre-registration](#) and will negative results be published, to avoid publication bias?

Many more [links to resources on ethics are available here](#).
 Details about pre-registration of animal studies and reporting of critical incidents are to be found in the section on [Experimental Design and Statistical Analysis](#).

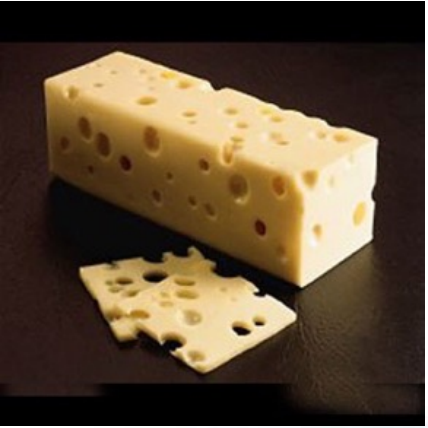
Harm-Benefit Assessment



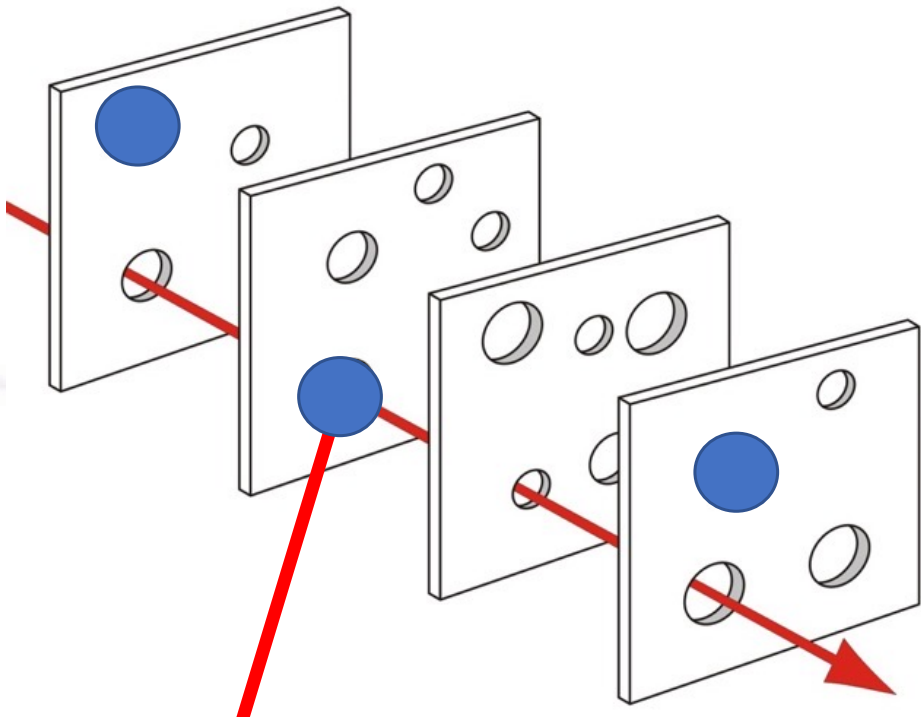




“Threat and Error Management”



eaugallecheese.com/Swiss-Cheese



Weaknesses / dangers

Serious incidents

wikipedia.org/wiki/Swiss_cheese_model

Solveig (38) forsket på kreft, ble selv uhelbredelig syk

**Slår alarm om arbeidsforholdene på Radiumhospitalet.
Sykehuset innrømmer rutinesvikt.**



ASLE HANSEN
ash@dagbladet.no



DIANA BADI
dba@dagbladet.no



HELSEFARLIG ARBEIDSMILJØ: Solveig Garman-Vik (38) har fått diagnosen akutt myelogen leukemi (AML) etter å ha jobbet med kreftforskning på Radiumhospitalet i elleve år. Her får hun en klem av sykepleier Elisabeth A. Saghaug før hun går hjem for helgen. Få med hvor fantastiske alle her på Lovisenberg er mot meg, sier Solveig. Foto: LARS EIVIND BONES/DAGBLADET

3R-Guide (over 400 guidelines for implementation of the 3Rs)

norecopa.no/3r-guide



Working Party Report

Guidance on the severity classification of scientific procedures involving fish: report of a Working Group appointed by the Norwegian Consensus-Platform for the Replacement, Reduction and Refinement of animal experiments (Norecopa)

P Hawkins (Convenor), N Demisson, G Goodman, S Hetherington, S Llywelyn-Jones, K Ryder and A J Smith

Abstract
The severity classification of procedures using animals is an important tool to help focus the implementation of refinement and to assist in reporting the application of the 3Rs (replacement, reduction and refinement). The recently revised Directive that regulates animal research and breeding within the European Union requires Member States to ensure that all procedures are classified as 'non-recovery', 'mild', 'moderate' or 'severe', using assignment criteria set out by the European Commission (EC). However, these are focused upon terrestrial species, so are of limited relevance to fish users. A Working Group set up by the Norwegian Consensus Platform for the 3Rs (Norecopa) has produced guidance on the classification of severity in scientific procedures involving fish, including examples of 'sub-lethal', 'mild', 'moderate', 'severe' and 'upper threshold' procedures. The aims are to complement the EC guidelines and help to ensure that suffering which is effectively predicted and minimized. Norecopa has established a website (www.norecopa.no) collated where more information on severity classification for procedures using fish, including field research, will be made available.

Keywords: Fish, harm-benefit assessment, humane endpoints, refinement, severity

Laboratory Animals 2011; 1-6. DOI: 10.1056/la.2011.010181

AVMA Guidelines for the Euthanasia of Animals: 2020 Edition*

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*The AVMA Panel on Euthanasia develops the content of the guidelines, with support from its working groups. The panel is required to do a comprehensive review and update of the report at least every 10 years, although more frequent major revisions are possible based on substantive information derived from new research and experience with practical implementation. To ensure the guidelines remain as up-to-date as possible, interim revisions (referred to as subsequent editions) that fill a clear evidence vacuum that a major revision is also acknowledged.

A Gold Standard Publication Checklist to Improve the Quality of Animal Studies, to Fully Integrate the Three Rs, and to Make Systematic Reviews More Feasible

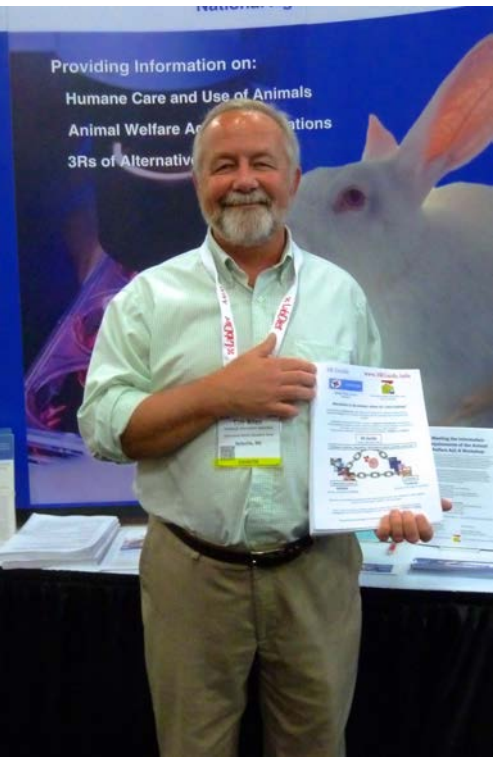
Carlijn R. Hooijmans, Marlies Leenaars and Merel Ritsema-Hoitinga
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Summary—Systematic reviews are generally regarded by professionals in the field of evidence-based medicine as the highest level of medical evidence, and they are already standard practice for clinical studies. However, they are not yet widely used nor undertaken in the field of animal experimentation, even though there is a lot to be gained from the process. Therefore, a gold standard publication checklist (GSPC) for animal studies is presented in this paper. The items on the checklist have been selected on the basis of a literature analysis and the resulting scientific evidence that these factors are decisive in determining the outcome of animal studies. In order to make future systematic reviews and meta-analyses of animal studies possible, to allow others to replicate and build on work previously published, decrease the number of animals needed in animal experimentation (reduction), improve animal welfare (refinement) and, above all, improve the quality of scientific papers on animal experimentation, this publication checklist needs to be used and followed. We have discussed and optimized this GSPC through feedback from interviewees with expertise in the field of animal experimentation. From these interviews, it became clear that scientists will submit the GSPC when journals demand it. The GSPC was compared with the current instructions for authors from nine different journals, selected on the basis that they featured a high number of publications on animal studies. In general, the journals' demands for the description of the animal studies are so limited that it is not possible to repeat the studies, let alone carry out a systematic review. By using the GSPC for animal studies, in general, the journals' demands for the description of the animal studies and the concurrent improvement in the quality of scientific papers will also contribute to decreased variation and increased standardization and, as a consequence, a reduction in the numbers of animals used and a more reliable outcome of animal studies. It is of major importance that journal editors become convinced of and adopt these recommendations, because only then will scientists follow these guidelines to the full extent.

Key words: animal experimentation, meta-analysis, publication checklist, scientific quality, systematic review

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Introduction
A systematic review (SR) is a literature review focused on a single question which aims to identify, appraise, select and synthesize all available high-quality research evidence relevant to that question (1). SRs are generally regarded by evidence-based medicine professionals as the highest level of medical evidence, and they are already standard practice in clinical studies. However, SRs are not yet widely used nor undertaken in the animal experimentation field, although there would be a lot to be gained from the process. A systematic approach to incorporate all available relevant literature into the design of an animal experiment is a prerequisite for research which is of high scientific quality. Good science, from a scientific as well as an animal welfare point of view, is the basis of the book, *The Principles of Humane Experimental Technique*, by Russell and Burch (2). In this book, they recommended that the Three Rs principles (Replacement, Reduction and Refinement) should be applied wherever possible in animal studies. Besides producing high-quality research, SRs of animal experiments will result in direct implementation of the Three Rs. SRs may provide the proper argumentation to decide which animal model will give the best answer to the clinical research question (3, 4) and to detect whether there are gaps in scientific knowledge that require new animal experiments (replacement and refinement). This will also aid in preventing unnecessary duplication of animal experiments (reduction), and thus decrease unnecessary animal use and time loss. A SR of animal studies will also lead to a better interpretation of the already existing scientific results from animal experiments, through which a better



Tim Allen, USDA

Norecopa: PREPARE for better science

TextBase:

1,500 books related to
Lab Animal Science, welfare
and alternatives:

norecopa.no/textbase

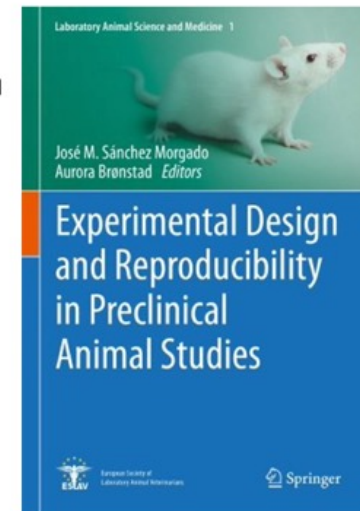
Experimental Design and Reproducibility in Preclinical Animal Studies

By José M. Sánchez Morgado & Aurora Brønstad (Eds.)

Record number: 8619d

This book provides grounds on how to plan and conduct animal experiments that can be reproduced by others. It touches on factors that may impact the reproducibility of animal studies including: the animal genetic background, the animal microbial flora, environmental and physiological variables affecting the animal, animal welfare, statistics and experimental design, systematic reviews of animal studies, and the publishing process.

The book addresses advanced undergraduates, graduate students and all scientists working with animals.

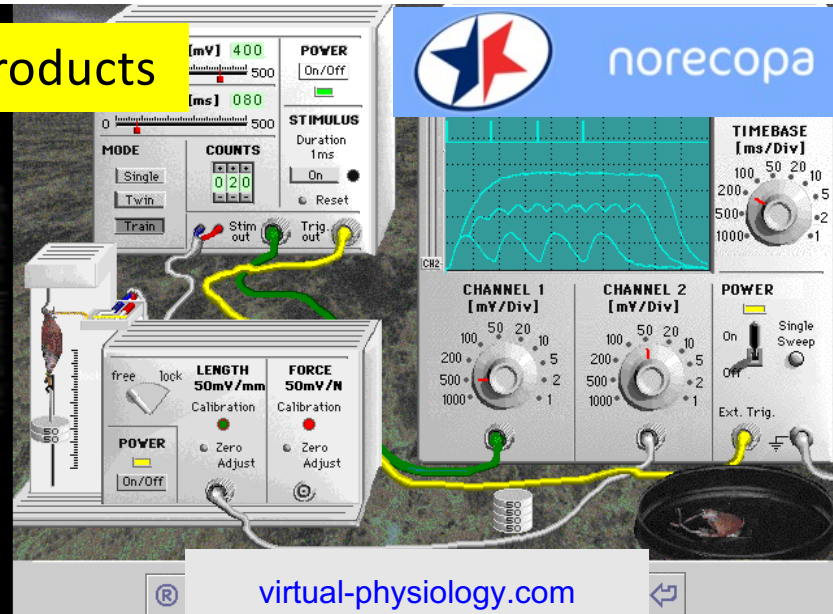


norecopa.no/textbase/experimental-design-and-reproducibility-in-preclinical-animal-studies

NORINA database: approx. 3,000 products



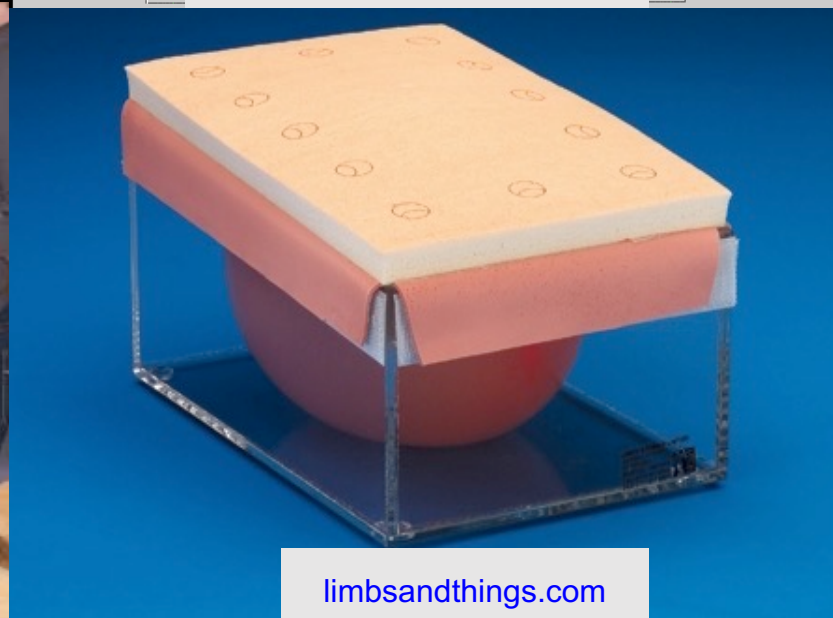
3dglasshorse.com



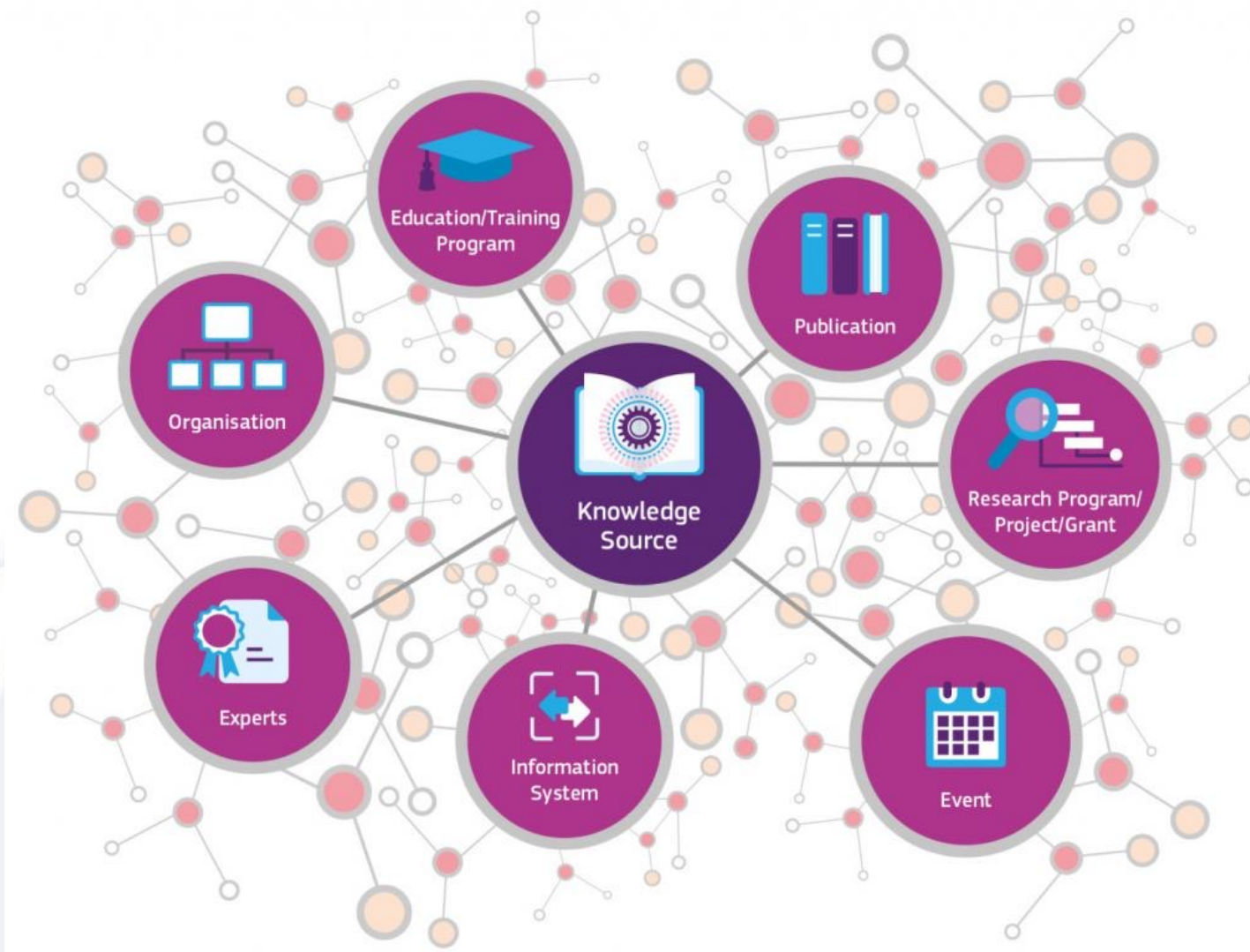
virtual-physiology.com



rescuecritters.com



limbsandthings.com



norecopa.no/3Rinventory

Norecopa: PREPARE for better research

Databases & Guidelines

- > [3R Guide](#): a global overview of **databases, guidelines, information centres, journals, email lists, regulations and policies** which may be of use when planning experiments which might include animals. [A quick overview of all the guidelines can be accessed here](#). Norecopa has written several of these, including [the PREPARE guidelines for planning animal research and testing](#).
- > [NORINA](#): a global overview of audiovisual aids and other items which may be used as **alternatives or supplements to animals in education and training** at all levels from junior school to University, including [dissection alternatives](#) and surgical simulators.
- > [TextBase](#): a global overview of **textbooks and other literature within laboratory animal science** and related topics.
- > [Classic AVs](#): a subset of NORINA covering **audiovisual aids that are based on older technology**.

These databases are updated regularly. [Please give us feedback](#) if you discover errors or omissions.

The Norecopa website also includes five other collections:

- > [NAL](#): a collection of literature references relating to [the 3Rs](#) from the US National Agricultural Library
- > European Commission datasets:
 - ▶ [3Rs Knowledge Sources](#): over 800 resources collected by the Commission in 2016
 - ▶ [3Rs Education and Training Resources](#), over 560 items collected in 2018
 - ▶ [Non-animal models for respiratory tract diseases](#), over 280 models identified in a literature review of over 21,000 papers, published in 2020
 - ▶ [Non-animal models for cardiovascular diseases](#), citing over 400 models, identified in a literature review of over 14,000 papers, published in 2022

norecopa.no/databases-guidelines

The EU Commission has now published [30 datasets of this type](#).

links to over 70 other databases

Here is [an alphabetical global list of all the databases](#) cited on the Norecopa website.


3rswildlife.info

3Rs PRINCIPLES IN WILDLIFE RESEARCH

BACKGROUND ▾ EXAMPLES OF 3RS IMPLEMENTATION ▾ FAQ LINKS AUTHOR CONTACT

3Rs PRINCIPLES IN WILDLIFE RESEARCH

This site has been created to provide information about the 3Rs principles of animal use and guide their application in wildlife research. It contains examples of peer-reviewed studies that implemented non-lethal or non-invasive methods and that could be used as a guidance. It is the first online resource of its kind developed specifically for wildlife biologists, ecologists, and conservation managers.

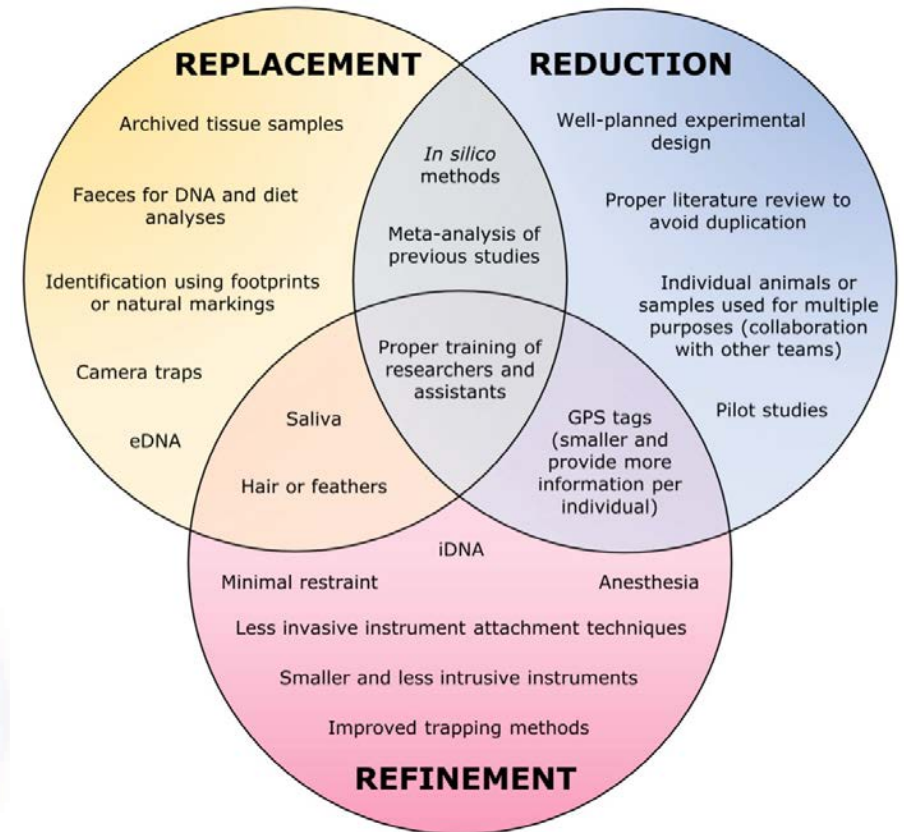


Featured so far:

71	937	603
NON-INVASIVE METHODS	SPECIES	PEER-REVIEWED STUDIES

THIS WORK HAS BEEN KINDLY SUPPORTED BY:

Animalfree Research
Eva Husi-Stiftung für Tierschutz



Source: Zemanova 2020

Miriam Zemanova



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Clicker training

Clicker training is an operant conditioning based on positive reinforcement. When the animal offers the desired behavior, a *click* or another distinctive sound (secondary reinforcer) is delivered and within the following few seconds the reward is presented (primary reinforcer)^[1]. The *click* bridges the time between the desired behavior and the presentation of the reward^[1]. A target stick providing a visual guide for the animal can be used for the training.

Animals are usually trained individually, though it is also possible to perform clicker training in a groups, e.g. in mice, rats, and rabbits. For rats, it was demonstrated that they learned tasks by observing the clicker training of their cage mates^[2].

Clicker training can be used to train animals in a stress-free way. The following behaviours are examples for what this technique can be used for:

Mice: entering a tunnel, following a target stick, climbing on the palm of the hand^[3]

Rats: following a target stick, voluntarily change to a cage, observational learning^[2]

Rabbits: following a target stick, rearing/standing up to inspect the abdomen, approaching a human, being touched and lifted by a human, trimming nails, coming on command

Pigs: Pigs can be easily trained to cooperate if they are treated empathetically and desired behavior is reinforced by providing food stuff in form of treats and apple juice^[4].



Clicker training with mice using a target stick. *Left:* The mouse is following the target stick and is climbing on the experimenter's hand. If the hand is lifted, the mouse will remain on the palm of the hand. *Right:* The mice are trained in a group. Two mice are following the target stick on the palm of the experimenter's hand.

1. ↑ ^{1.0} ^{1.1} Feng, Lynna C.; Howell, Tiffani J.; Bennett, Pauleen C. (1 August 2016). "How clicker training works: Comparing Reinforcing, Marking, and Bridging Hypotheses"[ⓘ]. *Applied Animal Behaviour Science*. **181**: 34–40. doi:10.1016/j.applanim.2016.05.012[ⓘ]. ISSN 0168-1591[ⓘ].
2. ↑ ^{2.0} ^{2.1} Leidinger, Charlotte Sophie; Kaiser, Nadine; Baumgart, Nadine; Baumgart, Jan (25 October 2018). "Using Clicker Training and Social Observation to Teach Rats to Voluntarily Change Cages"[ⓘ]. *JoVE (Journal of Visualized Experiments)* (140): e58511. doi:10.3791/58511[ⓘ]. ISSN 1940-087X[ⓘ]. PMC 6235608[ⓘ]. PMID 30417890[ⓘ].
3. ↑ Leidinger, Charlotte; Herrmann, Felix; Thöne-Reineke, Christa; Baumgart, Nadine; Baumgart, Jan (6 March 2017). "Introducing Clicker Training as a Cognitive Enrichment for Laboratory Mice"[ⓘ]. *JoVE (Journal of Visualized Experiments)* (121): e55415. doi:10.3791/55415[ⓘ]. ISSN 1940-087X[ⓘ]. PMC 5408971[ⓘ]. PMID 28287586[ⓘ].
4. ↑ "Positive Reinforcement Training in Large Experimental Animals"[ⓘ] (PDF).

Experts for clicker training in mice and rats: [TARC](#)[ⓘ], Mainz, Germany

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This page was last edited on 27 May 2020, at 11:23.

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- Adrian Smith
- Alphaxalone
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- Blood sampling of hamsters
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- Ulcerative Dermatitis in Mice
- Water quality
- Xenopus laevis
- Zebrafish swabbing



Culture of Care

The International Culture of Care Network

norecopa.no/coc

A demonstrable commitment, throughout the establishment, to improving:

- animal welfare
- scientific quality
- care of staff
- transparency for all stakeholders, including the public

Norecopa: PREPARE for better Science



Communication and the Culture of Care

Penny Hawkins, RSPCA Research Animals Department
on behalf of the International Culture of Care Network*

Effective two-way communication between scientists and animal technologists is essential for a good Culture of Care
The European Commission suggests the 'development of formal and informal communication channels, for mutual benefit with respect to science and animal welfare'
Here are some examples from International Culture of Care network members

Regular meetings

Scheduled meetings for scientists, animal technologists, vets, unit managers and AWERB members



Regular refresher/update meetings for all organised by NTCO



Special events

Duo-talks: researcher talks about their science, and animal technologists talk about techniques and animal care within the project



ELH organises an informal meeting for all, in which anyone can raise welfare issues



Building communication into existing processes

Each study has a pre-start and wash-up meeting involving everybody



Three Rs improvements reported to AWERB & shared at external user meetings



Other ideas

A 'boxless' event: anyone can submit 'out of the box' ideas to improve practice



A staff survey for all e.g. how much do you agree with statements such as 'in our group we listen to each others' ideas about animal welfare'



*norecopa.no/culture-of-care



norecopa.no/global3r

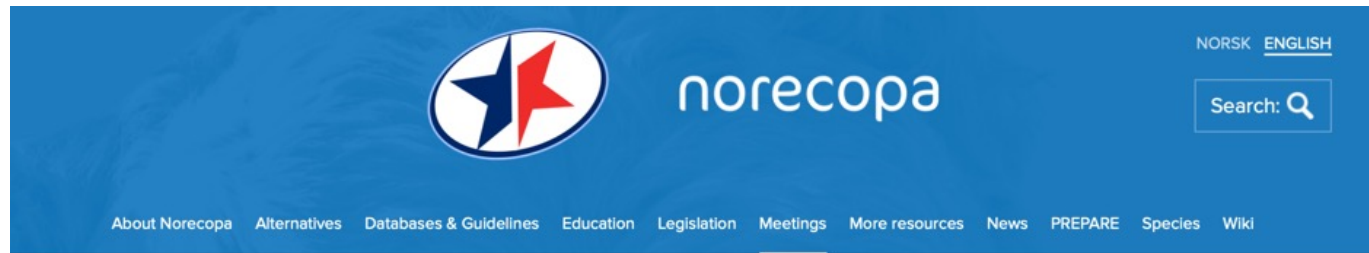
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Webinar and Meetings calendar

August 2023

- ▶ [ISAE 2023 \(56th Congress of the International Society for Applied Ethology\)](#), Tallinn, 15-17 August 2023
- ▶ [Biosafety and Biosecurity Training Course](#), Fort Collins, 7-11 August 2023
- ▶ [ANZCCART conference](#), Adelaide, 8-10 August 2023
- ▶ [Reducing animals in research](#), webinar (Nicole Drumhiller), 14 August 2023
- ▶ [3R Workshop: Addressing the challenges of 3Rs methods and policies](#) (Fin3R/Finnadvance seminar), 21 August 2023
- ▶ [The Ethics of AI](#), online, 22 August 2023
- ▶ [Tools for Conducting Relevant Literature Reviews](#), webinars (Nicole Drumhiller), 23 & 30 August 2023
- ▶ [Handling and training of mice for low stress procedures](#), webinar (Thérèse Ahlström), 25 August 2023
- ▶ [3rd Pan-American Conference for Alternative Methods](#), 27 August 2023
- ▶ [WC12 - 3Rs over the Edge: Regulatory Acceptance and Next-Gen Education](#), Niagara Falls, 27-31 August 2023
- ▶ [ANZLAA Conference: Training Teams Technology](#), Melbourne, 28-30 August 2023
- ▶ [Summer School on the Systematic Review of Animal Research](#), Zurich, 28-31 August 2023
- ▶ [Is that time for a Renaissance of ethologically based measures of anxiety?](#), webinar (Mu Yang), 31 August 2023

Norecopa: PREPARE for better Science

115 English-language newsletters



norecopa.no/news/newsletters

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7-8 times a year

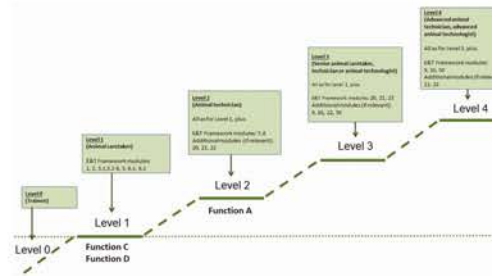
- Norecopa's Annual Meeting and 3R Prize
- Updates about Norecopa
- Nordic Zebrafish Network and course
- News of PREPARE
- News of other 3R Centres and activities
- Harmonisation of education and training
- New forum for behavioural research
- New textbook on anaesthesia
- Fish research
- Glimpses from research
- Food for thought
- For Norwegian readers
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- Webinars and Meetings Calendar
- Have your colleagues subscribed?



Karolinska Institutet norecopa NORD universitet

Hands-on zebrafish husbandry course 2023
13 - 15 November, Stockholm, Sweden

Nordic zebrafish meeting 2023
16 - 17 November, Stockholm



www.thebehaviourforum.org

Q&A forum for the discussion of scientific matters relating to the use of behavioural research in laboratory animals with special relevance for home-cage monitoring.

TheBehaviourForum.org

Do you have questions on:

- Experimental design
- Software & hardware
- Data handling
- Animal welfare

Share protocols and useful experiences about, how you test behaviour, analyse data, use methods and devices.

Post and find out:

- What's new in the world of animal behaviour, methods, software/hardware, publications...
- Information on events, meetings & training in the world of animal behaviour
- Academic job opportunities

Thanks to Norecopa's main sponsors:

- Standing Committee on Business Affairs, Norwegian Parliament
- Norwegian Ministries of Agriculture and Fisheries
- Research Council of Norway
- Laboratory Animals Ltd.
- Architect Finn Rahn's Legacy
- Nordic Society Against Painful Experiments (NSMSD)
- Norwegian Society for Animal Protection (Dyrebeskyttelsen Norge)
- Norwegian Animal Protection Alliance (Dyrevernalliansen)
- Novo Nordisk
- Sanofi
- Scottish Accreditation Board (SAB)
- Stiansen Foundation
- Universities Federation for Animal Welfare (UFAW)
- US Department of Agriculture (USDA)

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Adrian Smith, Norecopa, c/o Norwegian Veterinary Institute, P.O. Box 64, 1431 Ås, Norway
adrian.smith@norecopa.no

What's the problem?

Preclinical *in vivo* research needs to be reproducible and translatable, while maximising the animals' welfare and replacing them with alternatives wherever possible. This can be summed up in the 3Rs of Russell & Burch: **Replace, Reduce & Refine**.



Scientists are usually well aware of **reporting** guidelines when publishing research. These are important, but a sub-standard study, like a burnt cake, cannot be improved by a better description. Guidelines for **planning**, although not mandatory, are of great help in designing better experiments.



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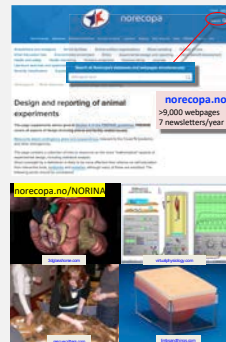
What can Norecopa offer?

Norecopa maintains a comprehensive database of resources for scientists, which include:

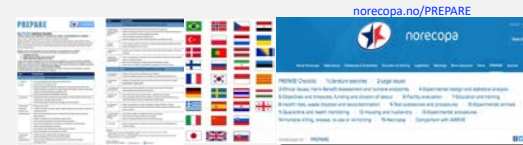


- over 9,000 searchable webpages of quality 3R resources, with filters to facilitate searching
- the PREPARE guidelines for planning animal experiments, with a checklist in over 30 languages
- links to recordings of webinars covering all aspects of animal research
- an International Webinars & Meetings Calendar
- a collection of over 400 guidelines for planning and conducting animal research
- an English-language newsletter with the latest developments within the 3Rs
- the NORINA database of alternatives to animal use in education and training
- a slide set describing the 3R concept in detail: norecopa.no/3Rs
- a Refinement Wiki

Examples of Norecopa's resources:



- PREPARE covers:**
- ✓ Formulation of a study
 - ✓ Dialogue between scientists and the animal facility
 - ✓ Quality control of the components in the study



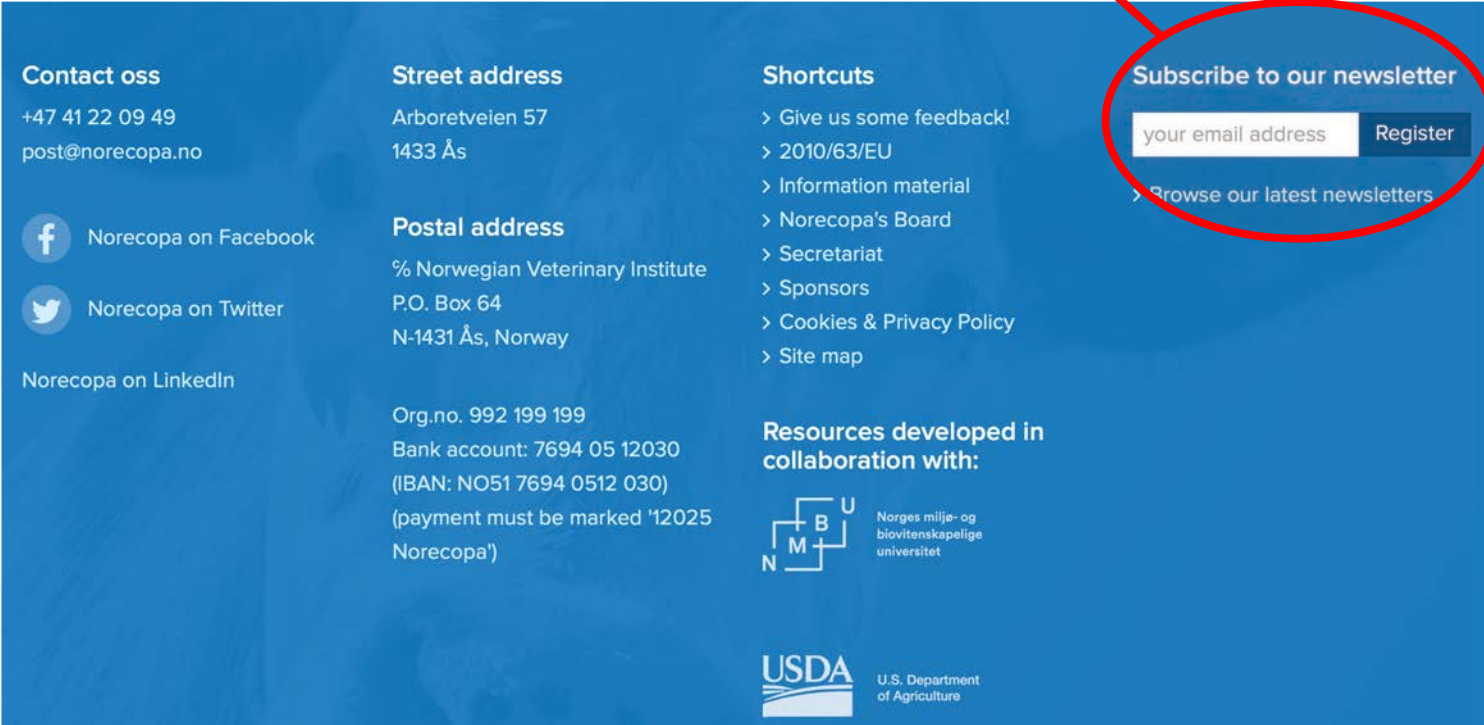
The Refinement Wiki
wiki.norecopa.no

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Toolbox graphic: colourbox.com

norecopa.no/WC12

English-language newsletters





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Thank you for listening!