10th World Congress on Animal Use in the Life Sciences and Alternatives Seattle, 20 - 24 August 2017

Norecopa: A Toolbox for the 3Rs in Action

norecopa.no/WC10.pdf

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norecopa.no



A National Consensus Platform for the Three Rs





International consensus meetings

Harmonisation of the Care and Use of: Fish (2005) Wildlife (2008) Fish (2009) Agricultural animals (2012) Animals in Field Research 26-27 October 2017

norecopa.no/meetings norecopa.no/meetings/meetings-calendar

A brief history



- WC1 1991-96: Development of the NORINA database on Macs, using a simple application. Later sold as a stand-alone, platform-independent version on floppy discs.
- WC3 1996-2005: Server at the Oslo veterinary school donated by Laboratory Animals Ltd. with a mirror site in Sydney, Australia. All pages written manually in HTML, with separate applications for all the support functions. Frequent crashes!
- WC5 2005: Content moved to a Microsoft database platform and hosted externally. A separate site built for films and slide shows of procedures on laboratory animals
- WC7 2007: Norecopa founded, with its own website
- WC10 2015-16: Brand-new website built from scratch, with an intelligent search engine

After 25 years, we ended up with 6 resources on different domains using different technologies



+ films and slide shows of common procedures

+ intelligent search engine

A new website designed in 2015, launched 31 May 2016:



- Responsive works equally well on mobile phones, tablets and desktop computers
- One (intelligent) search engine for everything no longer a need to know the names of the databases
- Hand-picked material for quality and relevance to Laboratory Animal Science, 3Rs and welfare – based on 30 years of experience and networking in the field
- Designed to be an answer to the conclusions of so many presentations at congresses: "we need more guidelines"!
- Contains a newsfeed from European media (English- and Scandinavian-language articles on lab animal science)
- Films of common procedures
- The site will be made visually more interesting (with more images), but the focus so far has been on searchable and printable content, not entertainment value



Some important technical specifications:

- Zero tolerance of dead links (404-errors)
 'Do I have to make new bookmarks for your webpages?' No!
- Automatic redirection of

http://oslovet.veths.no

http://oslovet.nvh.no

and all the individual pages on these old domains

http://oslovet.norecopa.no

www.3RGuide.info

• All searches and use of search filters generate unique and individual addresses, so you can document, and repeat, exactly the same search

norecopa.no



Organisations of relevance to animal research

Organisations within Laboratory Animal Science

AAALAC International 🛃 (Association for Assessment and Accreditation of Laboratory Animal

Care International)

AALAS 🔀 (American Association for Laboratory Animal Science)

ACLAM 🛃 (American College of Laboratory Animal Medicine)

AniMatch 📝 (an online sharing platform for the exchange of organs and tissues)

ARSAL 📝 (Asociatia Româna pentru Stiinta Animalelor de Laborator; Romanian Laboratory Animal

Science Association)

ASLAP 🔀 (American Society of Laboratory Animal Practitioners)

6,000 webpages 80,000 links 22,000 unique links <3.5% dead links



Your feedback

I have found a mistake on the current page

I would like to give my opinion about the website

I know of a resource which is not cited in 3R Guide

I know of a product which is not cited in NORINA

I know of a product which is not cited in TextBase

O I know of a product which is not cited in Classic AVs

Name

Email

Comments



Did you find what you were looking for?

🖕 Yes, I found it! 🦷 🦷 No, I did not!

Did you find what you were looking for?

👎 No, I did not!

What are you looking for?

Please give us your feedback so we can improve the information on the page. Thank you in advance for your help. Please add your email address if you would like a reply.

Submit

Please contact us by email if you have any questions.



Norecopa promotes use of "The Three Rs":



Norecopa aims for consensus between the four stakeholders:

Government and Regulatory Authorities - Research and teaching - Industry - Animal protection and welfare

Who are you?

Are you a researcher, student or are you generally interested in animal welfare? Here you will find relevant information to help you achieve your goals.



English-language newsletters

Contact oss

+47 41 22 09 49 post@norecopa.no



0454 Oslo

Postal address



Norecopa on Facebook

% Norwegian Veterinary Institute P.O. Box 750 Sentrum N-0106 Oslo, Norway

Org.no. 992 199 199 Bank account: 7694 05 12030 (IBAN: NO51 7694 0512 030) (payment must be marked '12025 Norecopa')

Shortcuts

- > Give us some feedback!
- > 2010/63/EU
- > Information material
- > Norecopa's Board
- > Secretariat
- > Sponsors
- > Cookies & Privacy
- > Site map

Resources developed in collaboration with:



Norges miljø- og biovitenskapelige universitet





Subscribe to our newsletter

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Register

> Browse our latest newsletters

The search engine



- An index of all the words on all the approx. 6,300 pages
- Fuzzy logic
- Boolean logic
- Wildcards
- Proximity searches
- Truncation



United States Department of Agriculture

A help file available

Collaboration with US Department of Agriculture

Jerry K-9 CPR Mannikin (Dog)

Record number:	8821 (legacy id: 4905)
Category:	Handling (TextBase) - Medicine
Type:	Simulator

A product line of animal CPR (Cardiopulmonary Resuscitation) training mannequins. Type: Simulator. Category: Handling & Veterinary Medicine.

Jerry K-9 CPR Mannikin is a full size dog for CPR

(Cardiopulmonary Resuscitation) training. Features: Working lungs, artificial pulse, disposable and cleanable parts. Designed to perform CPR compressions, mouth-to-snout resuscitation. Also designed to splint and bandage. In addition, a non-removable, long oblique fracture of the right femoral leg bone can now be added to this mannikin. This will allow students to learn how to set and repair common K-



9 fractures. This mannikin simulates a 60-70 lbs dog. Accessories included: Carrying case with kneeling pad, brush, 5 disposable lungs. This mannikin is a simplified version of <u>Critical Care</u> Jerry.

Comments & References: Additional Disposable Lungs for Jerry: 24 disposable lungs: US\$128.00; 72 disposable lungs: US\$380.00. Suitable for training in the veterinary setting, search and rescue, veterinary schools, canine units and for pet owners. This item may be borrowed for up to 6 weeks through the Alternatives Loan System of the International Network for Humane Education (InterNICHE), free of charge, but return postage must be paid by the person who has borrowed the product. Please note that there are practical limitations on where some items can be sent. For more information, please contact <u>loansystem@interniche.org</u>. See also http://www.interniche.org for more information.

Item: 101

Price: US\$989.00. Loan Program: Free of charge Free of charge: Loan Program: Free of charge

On loan: On loan

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Norecopa's website is designed to aid scientists in finding global 3R resources



advance the 3Rs

Things have got worse rather than better after Google arrived:

You always get some results, even if you type in everything at once.

In many ways the situation was better earlier when searches had to be done manually with the help of a librarian

Action needed:

It is high time that all scientists received mandatory education in literature searching

Scientists should ensure that 3R advances are mentioned in the title or abstract

Alice Tillema, Radboud University: How to construct a literature search

http://norecopa.no/how-to-construct-a-literature-search.pdf



Encourage scientists to publish 3R-improvements somewhere where they are visible!



http://www.theodora.com/rodent_laboratory/blood_collection.html



photo: NMBU

SCID-Hu mice immunized with a pneumococcal vaccine produce specific human antibodies and show increased resistance to infection.

Search for 'bleeding mice' on Google and Norecopa.

Search all Norecopa's databases and webpages simultaneously:

bleeding mice

All Images Videos

About 4,760,000 results (0.

[PDF] Methods of Bloo www.osa.sunysb.edu/dla Collecting blood from mice number of efficient methods

[PDF] Guidelines for S oacu.od.nih.gov/ARAC/do Guidelines for Survival Blee investigators and National I

Blood sample collec www.ncbi.nlm.nih.gov > N

by S Parasuraman - 2010 -It is important that blood sa This method is recommend

How to obtain blood



[PDF] A rapid, simple, ceua.ufsc.br/files/2010/06 Methods for obtaining bloo that allows investigators to

Mouse : Decision tre https://www.nc3rs.org.uk/ How much blood does a m bodyweight. A mouse weig

Veterinary Medicine

bleeding mice Q	
	Order by:
Welcome to Norecopa's new website!	Relevance
Search engine help file	The black and the second states and the seco
More about Norecopa's databases: <u>3R Guide</u> - <u>NORINA</u> - <u>TextBase</u> - <u>Classic AVs</u>	 Enable synonyms and stemming
	Browse the databases
76 results	
	eBooks (6)
	Free (5)
NIH Animal Research Advisory Committee Guidelines for Survival Bleeding	 Held at NMBU Oslo (contact kristine.hansen@nmbu.no) (5)
of Mice and Rats	Key products (6)
3R Guide/10891	On loan (2)
These guidelines have been developed to assist investigators and National Institutes of Health	Perferred
(NIH) Animal Care and Use Committees (ACUC) in their choice and application of survival rodent bleeding techniques.	increased.
	Database
Blood sampling	
Blood sampling is one of the commonest procedures conducted on research animals, but it may	Sk Guide (6)
cause pain, distress and lasting harm if the technique is poor, or if too much of the circulating	Classic AVs (6)
blood volume is removed. Videos and slide series showing blood sampling techniques on	Website (6)
several common laboratory animal speciesLinks NC3Rs Microsite on blood sampling Films and	NORINA (35)
slide shows on bleeding techniques	TextBase (23)
	Search in the databases
Blood Collection in Mice Using the Saphenous Vein - An Alternative to	
Retro Orbital Collection	z All Text
NORINA/8641	- Title
These web pages describe a method for blood collection from the saphenous vein of mice, rats,	nue
hamsters, gerbils, guinea-pigs, mink and ferrets. Type of record: Web pages. Category:	Author

Q

Author
 Publisher

Search filters

\$

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Search all Norecopa's databases and webpages simultaneously:



Veterinary Medicine



Working Party Report

Guidance on the severity classification of scientific procedures involving fish: report of a Working Group appointed by the Norwegian Consensus-Platform for the Replacement, Reduction and Refinement of animal experiments (Norecopa)

Published online on 9 May 2011 Lab Anim, doi: 10.1258/a.2011.010181

P Hawkins (Convenor)¹, N Dennison², G Goodman³, S Hetherington⁴, S Llywelyn-Jones⁵, K Ryder² and A J Smith⁶

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Abstract

The severity classification of procedures using animals is an important tool to help focus the implementation of refinement an to assist in reporting the application of the 3Rs (replacement, reduction and refinement). The recently revised Directive that regulates a nimal research and testing within the European Union requires Member States to ensure that all procedures are classified as 'non-recovery', 'mild', 'moderate' or 'severe', using assignment criteria set out by the European Commission (EC). However, these are focused upon terrestrial species, so are of limited relevance to fish users. A Working Group set up by the Norwegian Consensus-Platform for the 3Fis (Norecopa) has produced guidance on the classification of severity in scientific procedures involving fish, including examples of 'subthreshold', 'mild', 'modente', 'severe' and 'upper threshold' procedures. The aims are to complement the EC guidelines and help to ensure that suffering infish is effectively predicted and minimized. Nonecopa has established a website (www.norecopa.no/categories) where more information on severity classification for procedures using fish, including field research, will be made available

Keywords: Fish, harm-benefit assessment, humane endpoints, refinement, severit

Laboratory Animals 2011; 1-6, DOI: 10.1258/la.2011.010181

Background

An effective prediction of the effects of a research protocol on the animals concerned helps to ensure that any pain, sufforing or distress they may experience will be effectively anticipated, recognized and alleviated. This is essential not animal use within the European Union, which must be only for animal welfare but also for scientific validity. because physiological and behavioural responses to suffer-ing can significantly affect data quality. Severity classification is thus an important tool to help focus the latting harm expected to be experienced by an individual implementation of refinement, including monitoring its pro-animal during the course of the procedure, with the anim-grees, and to assist in reporting the application of the 38a of makering tenspresery. Jicilitating the project authority and the set of t (uplacement, neducion and refinement) of Russell and ation process and providing tools for monitoring compli-Bunch, which is now an integral part of the legislation on anne.² Member States will have to ensure that all animal research and tusting in many countries. Predictions procedures are classified as inon-recovery, 'mild', 'moderof severity are also fundamental to the harm-benefit

orities and ethical committees when deciding whether or not a project should be licensed or funded. There may also be a legal requirement to predict and clasimplemented within all Member States by January 2013, requires the severity of each procedure to be classified on the basis of the 'degree of pain, suffering, distress or ate' or 'severe' on a case-by-case basis, using the assignment

aboratory Animala 2011: 1-8

assessments undertaken by bodies such as regulatory auth

Copyright 2011 by the Laboratory Animals Limited

P Hawkins, N Dennison, G Goodman, S Hetherington, S Llywelyn-Jones, K Ryder and AJ Smith

> Laboratory Animals, 45: 219-224, 2011 norecopa.no/categories

More species- and situation- specific guidance is needed

Guidance on the severity classification of procedures involving fish

Report from a Working Group convened by Norecopa





Position Statements and Guidelines

- Food deprivation
- Toe clipping
- Pain relief
- Fin clipping of fish
- Biometric methods of identification
- Methods for identification of birds

Original Article



PREPARE: guidelines for planning animal research and testing

Adrian J Smith¹, R Eddie Clutton², Elliot Lilley³,

Kristine E Aa Hansen⁴ and Trond Brattelid⁵

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Abstract

There is widespread concern about the quality, reproducibility and translatability of studies involving research animals. Although there are a number of reporting guidelines available, there is very little overarching guidance on how to *plan* animal experiments, despite the fact that this is the logical place to start ensuring quality. In this paper we present the PREPARE guidelines: Planning Research and Experimental Procedures on Animals: Recommendations for Excellence. PREPARE covers the three broad areas which determine the quality of the preparation for animal studies: formulation, dialogue between scientists and the animal facility, and quality control of the various components in the study. Some topics overlap and the PREPARE checklist should be adapted to suit specific needs, for example in field research. Advice on use of the checklist is available on the Norecopa website, with links to guidelines for animal research and testing, at https:// norecopa.no/PREPARE.

Keywords

guidelines, planning, design, animal experiments, animal research

Date received: 5 April 2017; accepted: 27 June 2017

Introduction

The quality of animal-based studies is under increasing scrutiny, for good scientific and ethical reasons. Studies of papers reporting animal experiments have revealed alarming deficiencies in the information provided.^{1,2} even after the production and journal endorsement of reporting guidelines.³ There is also widespread concern about the lack of reproducibility and translatability of laboratory animal research.⁴⁻⁷ This can, for example, contribute towards the failure of drugs when they enter human trials.⁸ These issues come in addition to other concerns, not unique to animal research, about publication bias, which tends to favour the reporting of positive results and can lead to the acceptance of claims as fact.⁹ This has understandably sparked a demand for reduced waste when planning experiments involving animals.¹⁰⁻¹² Reporting guidelines alone cannot solve the problem of wasteful experimentation, but thorough planning will increase the likelihood of success and is an important step in the implementation of the 3Rs of Russell & Burch (replacement, reduction, refinement).¹³ The importance of attention to detail at all stages is,

in our experience, often underestimated by scientists. Even small practical details can cause omissions or artefacts that can ruin experiments which in all other respects have been well-designed, and generate health risks for all involved. There is therefore, in our opinion, an urgent need for detailed but overarching guidelines for researchers on how to plan animal experiments which are safe and scientifically sound, address animal

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https://doi.org/10.1177/0023677217724823

PREPARE:

Planning Research and Experimental Procedures on Animals: Recommendations for Excellence

PREPARE covers 15 topics:

Formulation of the study

- 1. Literature searches
- 2. Legal issues
- 3. Ethical issues, harm-benefit assessment and humane endpoints
- 4. Experimental design and statistical analysis

Dialogue between scientists and the animal facility

- 5. Objectives and timescale, funding and division of labour
- 6. Facility evaluation
- 7. Education and training
- 8. Health risks, waste disposal and decontamination

Methods

- 9. Test substances and procedures
- 10. Experimental animals
- 11. Quarantine and health monitoring
- 12. Housing and husbandry
- 13. Experimental procedures
- 14. Humane killing, release, reuse or rehoming
- 15. Necropsy

PREPARE



The **PREPARE** Guidelines Checklist

Planning Research and Experimental Procedures on Animals: Recommendations for Excellence

Adrian J. Smith^a, R. Eddie Clutton^b, Elliot Lilley^c, Kristine E. Aa. Hansen^d & Trond Brattelid^e

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PREPARE¹ consists of planning guidelines which are complementary to reporting guidelines such as ARRIVE². PREPARE covers the three broad areas which determine the quality of the preparation for animal studies:

- 1. Formulation of the study
- 2. Dialogue between scientists and the animal facility
- 3. Quality control of the components in the study

The topics will not always be addressed in the order in which they are presented here, and some topics overlap. The PREPARE checklist can be adapted to meet special needs, such as field studies. PREPARE includes guidance on the management of animal facilities, since in-house experiments are dependent upon their quality. The full version of the guidelines is available on the Norecopa website, with links to global resources, at https://norecopa.no/PREPARE.

The PREPARE guidelines are a dynamic set which will evolve as more species- and situation-specific guidelines are produced, and as best practice within Laboratory Animal Science progresses.

Торіс	Recommendation				
(A) Formulation of the study					
1. Literature searches	 Form a clear hypothesis, with primary and secondary outcomes. Consider the use of systematic reviews. Decide upon databases and information specialists to be consulted, and construct search terms. Assess the relevance of the species to be used, its biology and suitability to answer the experimental questions with the least suffering, and its welfare needs. Assess the reproducibility and translatability of the project. 				
2. Legal issues	 Consider how the research is affected by relevant legislation for animal research and other areas, e.g. animal transport, occupational health and safety. Locate relevant guidance documents (e.g. EU guidance on project evaluation). 				
3. Ethical issues, Harm-Benefit Assessment and humane endpoints	 Construct a lay summary. In dialogue with ethics committees, consider whether statements about this type of research have already been produced. Address the 3Rs (Replacement, Reduction, Refinement) and the 3Ss (Good Science, Good Sense, Good Sensibilities). Consider pre-registration and the publication of negative results. Perform a Harm-Benefit Assessment and justify any likely animal harm. Discuss the learning objectives, if the animal use is for educational or training purposes. Allocate a severity classification to the project. Define objective, easily measurable and unequivocal humane endpoints. Discuss the justification, if any, for death as an end-point. 				
4. Experimental design and statistical analysis	Consider pilot studies, statistical power and significance levels. Define the experimental unit and decide upon animal numbers. Choose methods of randomisation, prevent observer bias, and decide upon inclusion and exclusion criteria				



The ARRIVE Guidelines Checklist

Animal Research: Reporting In Vivo Experiments

Carol Kilkenny¹, William J Browne², Innes C Cuthill³, Michael Emerson⁴ and Douglas G Altman⁵

¹The National Centre for the Replacement, Refinement and Reduction of Animals in Research, London, UK, ²School of Veterinary Science, University of Bristol, Bristol, UK, ³School of Biological Sciences, University of Bristol, Bristol, UK, ⁴National Heart and Lung Institute, Imperial College London, UK, ³Centre for Statistics in Medicine, University of Oxford, Oxford, UK.

	ITEM	RECOMMENDATION	Section/ Paragraph	
Title	1	Provide as accurate and concise a description of the content of the article as possible.		
Abstract	2	Provide an accurate summary of the background, research objectives, including details of the species or strain of animal used, key methods, principal findings and conclusions of the study.		
INTRODUCTION				
Background	3	a. Include sufficient scientific background (including relevant references to previous work) to understand the motivation and context for the study, and explain the experimental approach and rationale.		
		b. Explain how and why the animal species and model being used can address the scientific objectives and, where appropriate, the study's relevance to human biology.		
Objectives	4	Clearly describe the primary and any secondary objectives of the study, or specific hypotheses being tested.		
METHODS				
Ethical statement	5	Indicate the nature of the ethical review permissions, relevant licences (e.g. Animal [Scientific Procedures] Act 1986], and national or institutional guidelines for the care and use of animals, that cover the research.		
Study design	6	For each experiment, give brief details of the study design including:		
		a. The number of experimental and control groups.		
		b. Any steps taken to minimise the effects of subjective bias when allocating animals to treatment (e.g. randomisation procedure) and when assessing results (e.g. if done, describe who was blinded and when).		
		c. The experimental unit (e.g. a single animal, group or cage of animals).		
		A time-line diagram or flow chart can be useful to illustrate how complex study designs were carried out.		
Experimental procedures	7	For each experiment and each experimental group, including controls, provide precise details of all procedures carried out. For example:		
		a. How (e.g. drug formulation and dose, site and route of administration, anaesthesia and analgesia used [including monitoring], surgical procedure, method of euthanasia). Provide details of any specialist equipment used, including supplier(s).		
		b. When (e.g. time of day).		
		c. Where (e.g. home cage, laboratory, water maze).		
		 d. Why (e.g. rationale for choice of specific anaesthetic, route of administration, drug dose used). 		
Experimental animals	8	a. Provide details of the animals used, including species, strain, sex, developmental stage (e.g. mean or median age plus age range) and weight (e.g. mean or median weight plus weight range).		
		b. Provide further relevant information such as the source of animals, international strain nomenclature, genetic modification status (e.g. knock-out or transgenic), genotype, health/immune status, drug or test naïve, previous procedures, etc.		

The ARRIVE guidelines. Originally published in PLoS Biology, June 2010¹

Two pages, translated into several languages

In addition to the checklist, much more information is available on: norecopa.no/PREPARE

utilizing the resources already on the Norecopa website



3-Ethical issues, Harm-Benefit Assessment and humane endpoints 4-Experimental design and statistical analysis
5-Objectives and timescale, funding and division of labour 6-Facility evaluation 7-Education and training
3-Health risks, waste disposal and decontamination 9-Test substances and procedures 10-Experimental animals
1-Quarantine and health monitoring 12-Housing and husbandry 13-Experimental procedures
4-Humane killing, release, re-use or re-homing 15-Necropsy Comparison with ARRIVE



norecopa.no/PREPARE



norecopa.no / PREPARE

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Harm-Benefit Assessment

Harm-Benefit assessment, an evaluation of the likely sources and level of suffering of a planned procedure, followed by an assessment of the potential benefits of the research weighed against these harms, lies at the heart of legislation in the EU i and elsewhere. A framework for severity assessment and severity classification i must be established and justified. The likely adverse effects of each procedure should be described, along with their likely incidence and methods of recognising them, with indications of how these effects can be mitigated by implementing refinement. This necessitates the involvement of personnel with the relevant experise to recognise, assess and reduce animal suffering, especially severe suffering. Guidance on this is available on the RSPCA website i. Specific justification of all unanevisted animal suffering must be provided. An estimate must be made of the maximum amount of pain, distress or lasting harm to which an individual can be exposed.

Links to quality guidelines worldwide on e.g. blood sampling, injection volumes, housing and husbandry, analgesia, humane endpoints, experimental design

Contract between the animal facility and the research group

The division of labour and responsibilities between the two parties, with the aim of clarifying all stages of the experiment and ensuring that all necessary parameters are recorded.

	Animal	Researcher	Not			
	facility		applicable			
Animal:						
Arrival date						
Species						
Strain/stock and substrain						
Supplier (full name and address) or bred on the premises						
Number and sex						
Age, weight, stage of life cycle on arrival						
Pre-treatment (surgical or medical) from supplier						
Quality (e.g. SPF, germ-free, gnotobiotic, conventional)						
Acclimation time before the start of the experiment						
Time and duration of fasting (with/without water and bedding)						
Environment:						
Type of housing: barrier/conventional						
Temperature (mean ± variation)						
Light schedule						
Relative humidity (mean ± variation)						
Number of air changes in the animal room/cabinet per hour						
Environmental enrichment						
Housing:						
Free-range, shelf, cabinet, isolator						
Cage type and size						
Number and method of distribution of animals per cage						

Our vision: To aid dissemination of 3R resources between the different scientific fields



https://kmonadollaraday.files.wordpress.com/2011/03/information-silos.jpg



http://www.london-gifts.co.uk

There are lots of platforms...



...but are there enough trains?

Norecopa aims to be a fast train to global 3R resources



Thanks to our main sponsors:

- Standing Committee on Business Affairs, Norwegian Parliament
- Norwegian Ministries of Agriculture and Fisheries
- Research Council of Norway
- Laboratory Animals Ltd.
- Nordic Society Against Painful Experiments (NSMSD)
- Novo Nordisk
- Scottish Accreditation Board
- Stiansen Foundation
- Universities Federation for Animal Welfare (UFAW)
- US Department of Agriculture, Animal Welfare Information Center



















