

# Norecopa: PREPARE for better Science

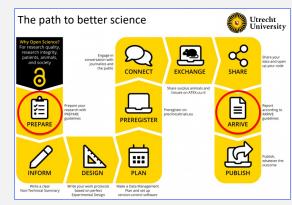
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#### What's the problem?

Preclinical *in vivo* research needs to be reproducible and translatable, while maximising the animals' welfare and replacing them with alternatives wherever possible. This can be summed up in **the 3Rs** of Russell & Burch: *Replace, Reduce & Refine*.



Scientists are usually well aware of *reporting* guidelines when publishing research. These are important, but a sub-standard study, like a burnt cake, cannot be improved by a better description. Guidelines for *planning*, although not mandatory, are of great help in designing better experiments.



norecopa.no/PREPARE

### What can Norecopa offer?

Norecopa maintains a comprehensive database of resources for scientists, which include:



- over 9,000 searchable webpages of quality 3R resources, with filters to facilitate searching
- the PREPARE guidelines for planning animal experiments, with a checklist in over 30 languages
- links to recordings of webinars covering all aspects of animal research
- an International Webinars & Meetings Calendar
- a collection of over 400 guidelines for planning and conducting animal research
- an English-language newsletter with the latest developments within the 3Rs
- the NORINA database of alternatives to animal use in education and training
- a slide set describing the 3R concept in detail: norecopa.no/3Rs
- a Refinement Wiki

## Examples of Norecopa's resources:





- ✓ Formulation of a study
- **PREPARE covers:** ✓ Dialogue between scientists and the animal facility
  - ✓ Quality control of the components in the study







The Refinement Wiki wiki.norecopa.no

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